



# Holmwood House School Lunch Menu

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main</b>	<b>Toad In The Hole</b> <i>(Gluten, Sulphites, Egg, Milk)</i>	<b>Beef Lasagne</b> <i>(Gluten, Milk)</i>	<b>Chicken Tikka Masala</b>	<b>Homemade Pork Sausage Roll</b> <i>(Gluten, Sulphites)</i>	<b>Loaded Chilli Beef Nachos</b>
<b>Vegetarian</b>	<b>Veggie Sausages</b> <i>(Soya)</i>	<b>Vegetable Mince Lasagne</b> <i>(Soya)</i>	<b>Vegetable Tikka Masala</b>	<b>Homemade Vegan Vegetable Roll</b> <i>(Gluten)</i>	<b>Loaded Quorn Nachos</b>
<b>Side</b>	<b>Mash &amp; Gravy</b> <i>(Milk)</i>	<b>Garlic Bread</b> <i>(Gluten)</i>	<b>Basmati Rice, Samosas, Mango Chutney</b> <i>(Gluten)</i>	<b>Mash</b> <i>(Milk)</i>	<b>Cheese Sauce, Sour Cream, Guacamole</b> <i>(Milk)</i>
<b>Vegetables</b>	<b>Peas &amp; Broccoli</b>	<b>Carrots &amp; Sweetcorn</b>	<b>Cauliflower &amp; Green Beans</b>	<b>Baked Beans &amp; Peas</b>	<b>Sweetcorn &amp; Tomato Salsa</b>
<b>Dessert</b>	<b>Fruit Crumble</b> <i>(Gluten)</i>	<b>Chocolate Bread &amp; Butter Pudding</b> <i>(Gluten, Milk, Soya)</i>	<b>Watermelon &amp; Pineapple</b>	<b>Banana Cake &amp; Caramel Sauce</b> <i>(Egg)</i>	<b>Jelly &amp; Ice Cream</b> <i>(Milk)</i>
<p><b>Protein, Carbohydrate and Composite Salads, Rice, Noodle or Pasta Dish Jacket Potato Bar, Fresh Fruit</b></p> <p><i>*Alternatives For Allergies Always Available*</i></p>					



# Holmwood House School Lunch Menu

<b>Week 2</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Main</b>	<b>Beef Bolognese</b>	<b>Hunters Chicken</b> <i>(Milk)</i>	<b>Roast Loin Of Pork</b>	<b>Hoi Sin Shredded Chicken</b> <i>(Soya, Gluten)</i>	<b>Pepperoni Pizza</b> <i>(Gluten, Milk)</i>
<b>Vegetarian</b>	<b>Vegetable Bolognese</b>	<b>Hunters Quorn Fillets</b> <i>(Gluten)</i>	<b>Butternut &amp; Lentil Bake</b>	<b>Hoi Sin Mushrooms &amp; Peppers</b> <i>(Soya, Gluten)</i>	<b>Vegan Margherita Pizza</b> <i>(Gluten)</i>
<b>Side</b>	<b>Penne Pasta, Garlic Bread</b> <i>(Gluten)</i>	<b>Crushed New Potatoes</b>	<b>Roast Potatoes, Yorkshire Pudding, Gravy</b> <i>(Milk, Gluten, Egg)</i>	<b>Rice, Tortilla Wraps, Sliced Cucumber &amp; Spring Onions</b> <i>(Gluten)</i>	<b>Spiced Wedges</b>
<b>Vegetables</b>	<b>Carrots &amp; Green Beans</b>	<b>Peas &amp; Sweetcorn</b>	<b>Cauliflower &amp; Carrots</b>	<b>Stir Fried Vegetables</b>	<b>Baked Beans &amp; Mixed Salad</b>
<b>Dessert</b>	<b>Banana Mousse</b> <i>(Milk)</i>	<b>Fresh Fruit Salad</b>	<b>Fruit Crumble &amp; Custard</b> <i>(Gluten, Milk)</i>	<b>Chocolate Rice Krispie Cake</b> <i>(Gluten, Milk)</i>	<b>Eton Mess</b> <i>(Milk, Egg)</i>

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Rice, Noodle or Pasta Dish  
Jacket Potato Bar,  
Fresh Fruit**

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# Holmwood House School Lunch Menu

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main</b>	<b>Chilli Con Carne</b>	<b>Sweet &amp; Sour Chicken</b>	<b>Butter Chicken Curry</b>	<b>Ham Macaroni Cheese</b> <i>(Gluten, Milk)</i>	<b>Barbecue Chicken Burger</b> <i>(Gluten)</i>
<b>Vegetarian</b>	<b>Three Bean Chilli</b>	<b>Sweet &amp; Sour Quorn Chunks</b> <i>(Milk)</i>	<b>Butter Vegetable Curry</b>	<b>Vegetable Macaroni Cheese</b> <i>(Gluten, Milk)</i>	<b>Barbecue Quorn Burger</b> <i>(Gluten)</i>
<b>Side</b>	<b>Rice, Tortilla Chips, Sour Cream &amp; Guacamole</b> <i>(Milk)</i>	<b>Noodles &amp; Prawn Crackers</b> <i>(Gluten, Egg, Crustaceans)</i>	<b>Basmati Rice, Mango Chutney</b>	<b>Garlic Bread</b> <i>(Gluten)</i>	<b>Fries &amp; Onion Rings</b> <i>(Gluten)</i>
<b>Vegetables</b>	<b>Carrots &amp; Peas</b>	<b>Stir Fried Vegetables</b>	<b>Cauliflower &amp; Sweetcorn</b>	<b>Broccoli &amp; Green Beans</b>	<b>Baked Beans &amp; Coleslaw</b> <i>(Egg)</i>
<b>Dessert</b>	<b>Fruit Jelly</b>	<b>Chocolate Sponge &amp; Chocolate Sauce</b> <i>(Gluten)</i>	<b>Fruit Crumble &amp; Cream</b> <i>(Gluten, Milk)</i>	<b>Lemon Tart</b> <i>(Milk, Gluten, Egg)</i>	<b>Strawberry, Chocolate or Vanilla Ice Cream</b> <i>(Milk)</i>
<p><b>Protein, Carbohydrate and Composite Salads, Rice, Noodle or Pasta Dish Jacket Potato Bar, Fresh Fruit</b></p> <p><b>*Alternatives For Allergies Always Available*</b></p>					



# Holmwood House School Lunch Menu



<b>Week 4</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Main</b>	<b>Cumberland Sausages</b> <i>(Gluten, Sulphites)</i>	<b>Garlic &amp; Herb Breaded Chicken</b> <i>(Gluten)</i>	<b>Roast Turkey</b>	<b>Chicken &amp; Pepper Fajitas</b>	<b>Breaded Fish Fillet</b> <i>(Fish, Gluten)</i>
<b>Vegetarian</b>	<b>Plant Based Sausages</b> <i>(Soya)</i>	<b>Stuffed Red Peppers</b>	<b>Mushroom &amp; Herb Wellington</b> <i>(Gluten)</i>	<b>Black Bean &amp; Pepper Fajitas</b>	<b>Veggie Fingers</b> <i>(Vegan) (Gluten)</i>
<b>Side</b>	<b>Mash, Gravy</b> <i>(Milk)</i>	<b>Herb Diced Potatoes, Tomato &amp; Basil Sauce</b>	<b>Gravy, Roast Potatoes &amp; Yorkshires</b> <i>(Gluten, Egg, Milk)</i>	<b>Tortilla Wrap, Rice, Guacamole &amp; Sour Cream</b> <i>(Gluten, Milk)</i>	<b>Chips &amp; Tartare Sauce</b> <i>(Egg, Mustard)</i>
<b>Vegetables</b>	<b>Carrots &amp; Sweetcorn</b>	<b>Broccoli &amp; Peas</b>	<b>Carrots &amp; Cauliflower</b>	<b>Sweetcorn &amp; Peas</b>	<b>Baked Beans &amp; Sweetcorn</b>
<b>Dessert</b>	<b>Mini Ring Doughnuts &amp; Chocolate Sauce</b> <i>(Gluten, Milk, Soya)</i>	<b>Pineapple Upside Down Cake &amp; Squirty Cream</b> <i>(Gluten, Egg, Milk)</i>	<b>Rice Pudding &amp; Fruit Compote</b>	<b>Fruit Crumble</b> <i>(Gluten)</i>	<b>Lemon Cheesecake</b> <i>(Gluten, Milk)</i>

**Protein, Carbohydrate and Composite Salads,  
Rice, Noodle or Pasta Dish  
Jacket Potato Bar,  
Fresh Fruit**

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