

Holmwood House Reception Lunch Menu

| Week 1 | Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|---|--|---|---|
| Main | Toad In The Hole <i>(Gluten, Sulphites, Egg, Milk)</i> | Beef Lasagne <i>(Gluten, Milk)</i> | Chicken Tikka Masala | Homemade Pork Sausage Roll <i>(Gluten, Sulphites)</i> | Loaded Chilli Beef Nachos |
| Vegetarian | Veggie Sausages <i>(Soya)</i> | Vegetable Mince Lasagne <i>(Soya)</i> | Vegetable Tikka Masala | Homemade Vegan Vegetable Roll <i>(Gluten)</i> | Loaded Quorn Nachos |
| Side | Mash & Gravy <i>(Milk)</i> | Garlic Bread <i>(Gluten)</i> | Basmati Rice, Samosas, Mango Chutney <i>(Gluten)</i> | Mash <i>(Milk)</i> | Cheese Sauce, Sour Cream, Guacamole <i>(Milk)</i> |
| Vegetables | Peas & Broccoli | Carrots & Sweetcorn | Cauliflower & Green Beans | Baked Beans & Peas | Sweetcorn & Tomato Salsa |
| Dessert | Fruit Crumble <i>(Gluten)</i> | Yoghurt & Forest Fruits <i>(Milk)</i> | Watermelon & Pineapple | Banana Cake <i>(Egg)</i> | Jelly & Ice Cream <i>(Milk)</i> |
| <p>Protein, Carbohydrate and Composite Salads, Rice, Noodle or Pasta Dish Jacket Potato Bar, Fresh Fruit</p> <p><i>*Alternatives For Allergies Always Available*</i></p> | | | | | |

Holmwood House Reception Lunch Menu

| Week 2 | Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|--|
| Main | Beef Bolognese | Hunters Chicken <i>(Milk)</i> | Roast Loin Of Pork | Hoi Sin Shredded Chicken <i>(Soya, Gluten)</i> | Pepperoni Pizza <i>(Gluten, Milk)</i> |
| Vegetarian | Vegetable Bolognese | Hunters Quorn Fillets <i>(Gluten)</i> | Butternut & Lentil Bake | Hoi Sin Mushrooms & Peppers <i>(Soya, Gluten)</i> | Vegan Margherita Pizza <i>(Gluten)</i> |
| Side | Penne Pasta, Garlic Bread <i>(Gluten)</i> | Crushed New Potatoes | Roast Potatoes, Yorkshire Pudding, Gravy <i>(Milk, Gluten, Egg)</i> | Rice, Tortilla Wraps, Sliced Cucumber & Spring Onions <i>(Gluten)</i> | Spiced Wedges |
| Vegetables | Carrots & Green Beans | Peas & Sweetcorn | Cauliflower & Carrots | Stir Fried Vegetables | Baked Beans & Mixed Salad |
| Dessert | Yoghurt & Fruit Compote <i>(Milk)</i> | Fresh Fruit Salad | Fruit Crumble & Custard <i>(Gluten)</i> | Yoghurt & Berries <i>(Milk)</i> | Eton Mess <i>(Milk, Egg)</i> |
| <p>Protein, Carbohydrate and Composite Salads, Rice, Noodle or Pasta Dish Jacket Potato Bar, Fresh Fruit</p> <p>*Alternatives For Allergies Always Available*</p> | | | | | |

Holmwood House Reception Lunch Menu

| Week 3 | Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|--|---|---|--|
| Main | Chilli Con Carne | Sweet & Sour Chicken | Butter Chicken Chicken Curry | Ham Macaroni Cheese <i>(Gluten, Milk)</i> | Barbecue Chicken Burger <i>(Gluten)</i> |
| Vegetarian | Three Bean Chilli | Sweet & Sour Quorn Chunks <i>(Milk)</i> | Butter Vegetable Curry | Vegetable Macaroni Cheese <i>(Gluten, Milk)</i> | Barbecue Quorn Burger <i>(Gluten)</i> |
| Side | Rice, Tortilla Chips, Sour Cream & Guacamole <i>(Milk)</i> | Noodles & Prawn Crackers <i>(Gluten, Egg, Crustaceans)</i> | Basmati Rice, Mango Chutney | Garlic Bread <i>(Gluten)</i> | Fries & Onion Rings <i>(Gluten)</i> |
| Vegetables | Carrots & Peas | Stir Fried Vegetables | Cauliflower & Sweetcorn | Broccoli & Green Beans | Baked Beans & Coleslaw <i>(Egg)</i> |
| Dessert | Fruit Jelly | Yoghurt & Berries <i>(Milk)</i> | Fruit Crumble & Cream <i>(Gluten, Milk)</i> | Yoghurt & Fruit Compote <i>(Milk)</i> | Strawberry, Chocolate or Vanilla Ice Cream <i>(Milk)</i> |
| Protein, Carbohydrate and Composite Salads, Rice, Noodle or Pasta Dish Jacket Potato Bar, Fresh Fruit <i>*Alternatives For Allergies Always Available*</i> | | | | | |

Holmwood House Reception Lunch Menu

| Week 4 | Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|---|---|---|---|
| Main | Cumberland Sausages <i>(Gluten, Sulphites)</i> | Garlic & Herb Breaded Chicken <i>(Gluten)</i> | Roast Turkey | Chicken & Pepper Fajitas | Breaded Fish Fillet <i>(Fish, Gluten)</i> |
| Vegetarian | Plant Based Sausages <i>(Soya)</i> | Stuffed Red Peppers | Mushroom & Herb Wellington <i>(Gluten)</i> | Black Bean & Pepper Fajitas | Veggie Fingers <i>(Vegan) (Gluten)</i> |
| Side | Mash, Gravy <i>(Milk)</i> | Herb Diced Potatoes, Tomato & Basil Sauce | Gravy, Roast Potatoes & Yorkshires <i>(Gluten, Egg, Milk)</i> | Tortilla Wrap, Rice, Guacamole & Sour Cream <i>(Gluten, Milk)</i> | Chips & Tartare Sauce <i>(Egg, Mustard)</i> |
| Vegetables | Carrots & Sweetcorn | Broccoli & Peas | Carrots & Cauliflower | Sweetcorn & Peas | Baked Beans & Sweetcorn |
| Dessert | Yoghurt & Fruit <i>(Milk)</i> | Fruit Jelly | Rice Pudding & Fruit Compote | Fruit Crumble <i>(Gluten)</i> | Selection Of Melon |
| <p>Protein, Carbohydrate and Composite Salads, Rice, Noodle or Pasta Dish Jacket Potato Bar, Fresh Fruit</p> <p>*Alternatives For Allergies Always Available*</p> | | | | | |