

Holmwood House Nursery & Pre-School Lunch Menu

| Week 1 | Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|---|--------------------------------------|---|---|
| Main | Toad In The Hole <i>(Gluten, Sulphites, Egg, Milk)</i> | Beef Lasagne <i>(Gluten, Milk)</i> | Chicken Tikka Masala | Homemade Pork Sausage Roll <i>(Gluten, Sulphites)</i> | Chilli Con Carne |
| Vegetarian | Veggie Sausages <i>(Soya)</i> | Vegetable Mince Lasagne <i>(Soya)</i> | Vegetable Tikka Masala | Homemade Vegan Vegetable Roll <i>(Gluten)</i> | Vegetable Mince Chilli <i>(Soya)</i> |
| Side | Mash & Gravy <i>(Milk)</i> | Garlic Bread <i>(Gluten)</i> | Basmati Rice, Mango Chutney | Mash <i>(Milk)</i> | Rice, Sour Cream, Guacamole <i>(Milk)</i> |
| Vegetables | Peas & Broccoli | Carrots & Sweetcorn | Cauliflower & Green Beans | Baked Beans & Peas | Sweetcorn & Broccoli |
| Dessert | Fruit Crumble <i>(Gluten)</i> | Yoghurt & Forest Fruits <i>(Milk)</i> | Watermelon & Pineapple | Banana Cake <i>(Egg)</i> | Fruit Jelly |
| *Alternatives For Allergies Always Available* | | | | | |

Holmwood House Nursery & Pre-School Lunch Menu

| Week 2 | Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|---|---|---|--|
| Main | Beef Bolognaise | Hunters Chicken <i>(Milk)</i> | Roast Loin Of Pork | Hoi Sin Shredded Chicken <i>(Soya, Gluten)</i> | Jacket Potatoes Tuna Mayo Baked Beans Grated Cheddar <i>(Fish)</i> |
| Vegetarian | Vegetable Bolognaise | Hunters Quorn Fillets <i>(Gluten)</i> | Butternut & Lentil Bake | Hoi Sin Mushrooms & Peppers <i>(Soya, Gluten)</i> | |
| Side | Penne Pasta, Garlic Bread <i>(Gluten)</i> | Crushed New Potatoes | Roast Potatoes, Yorkshire Pudding, Gravy <i>(Milk, Gluten, Egg)</i> | Rice, Tortilla Wraps, Sliced Cucumber & Spring Onions <i>(Gluten)</i> | |
| Vegetables | Carrots & Green Beans | Peas & Sweetcorn | Cauliflower & Carrots | Stir Fried Vegetables | Carrot & Cucumber Sticks |
| Dessert | Yoghurt & Fruit Compote <i>(Milk)</i> | Fresh Fruit Salad | Fruit Crumble & Custard <i>(Gluten)</i> | Yoghurt & Berries | Banana & Custard |
| *Alternatives For Allergies Always Available* | | | | | |

Holmwood House Nursery & Pre-School Lunch Menu

| Week 3 | Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|--|---|---|--|
| Main | Chilli Con Carne | Sweet & Sour Chicken | Butter Chicken Chicken Curry | Ham Macaroni Cheese <i>(Gluten, Milk)</i> | Barbecue Chicken Breast |
| Vegetarian | Three Bean Chilli | Sweet & Sour Quorn Chunks <i>(Milk)</i> | Butter Vegetable Curry | Vegetable Macaroni Cheese <i>(Gluten, Milk)</i> | Barbecue Quorn <i>(Gluten)</i> |
| Side | Rice, Tortilla Chips, Sour Cream & Guacamole <i>(Milk)</i> | Noodles & Prawn Crackers <i>(Gluten, Egg, Crustaceans)</i> | Basmati Rice, Mango Chutney | Garlic Bread <i>(Gluten)</i> | Mash <i>(Milk)</i> |
| Vegetables | Carrots & Peas | Stir Fried Vegetables | Cauliflower & Sweetcorn | Broccoli & Green Beans | Baked Beans & Peas |
| Dessert | Fruit Jelly | Yoghurt & Berries <i>(Milk)</i> | Fruit Crumble & Cream <i>(Gluten, Milk)</i> | Yoghurt & Fruit Compote <i>(Milk)</i> | Peaches & Custard |
| *Alternatives For Allergies Always Available* | | | | | |

Holmwood House Nursery & Pre-School Lunch Menu



| Week 4 | Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|---|---|---|--|
| Main | Cumberland Sausages <i>(Gluten, Sulphites)</i> | Garlic & Herb Breaded Chicken <i>(Gluten)</i> | Roast Turkey | Chicken & Pepper Fajitas | Steamed White Fish Fillets <i>(Fish)</i> |
| Vegetarian | Plant Based Sausages <i>(Soya)</i> | Stuffed Red Peppers | Mushroom & Herb Wellington <i>(Gluten)</i> | Black Bean & Pepper Fajitas | Veggie Fingers <i>(Vegan) (Gluten)</i> |
| Side | Mash, Gravy <i>(Milk)</i> | Herb Diced Potatoes, Tomato & Basil Sauce | Gravy, Roast Potatoes & Yorkshires <i>(Gluten, Egg, Milk)</i> | Tortilla Wrap, Rice, Guacamole & Sour Cream <i>(Gluten, Milk)</i> | Mash, Parsley Sauce |
| Vegetables | Carrots & Sweetcorn | Broccoli & Peas | Carrots & Cauliflower | Sweetcorn & Peas | Baked Beans & Sweetcorn |
| Dessert | Yoghurt & Fruit <i>(Milk)</i> | Fruit Jelly | Rice Pudding & Fruit Compote | Fruit Crumble <i>(Gluten)</i> | Selection Of Melon |
| *Alternatives For Allergies Always Available* | | | | | |

