

Holmwood House Nursery Lunch Menu

Week 1	Monday	Tuesday	Wednesday	Thursday	Fry Up Friday
Main	Sweet & Sour Chicken	Beef Chilli Tacos <i>(Gluten)</i>	Thai Green Chicken Curry	Cajun Chicken Pasta Bake <i>(Gluten, Milk)</i>	Cumberland Sausages <i>(Gluten, Sulphites)</i>
Vegetarian	Sweet & Sour Vegetables	Vegetable Mince Chilli Tacos <i>(Gluten, Soya)</i>	Quorn Thai Green Curry	Mediterranean Vegetable Pasta Bake <i>(Gluten)</i>	Veggie Sausages <i>(Soya)</i>
Side	Noodles <i>(Gluten, Egg)</i>	Guacamole, Sour Cream, Grated Cheese <i>(Milk)</i>	Steamed Jasmine Rice	Garlic Bread <i>(Gluten)</i>	Mash Potato
Vegetables	Garden Peas	Sweetcorn	Broccoli Florets	Chunky Carrots	Baked Beans & Peas
Dessert	Fruit Crumble <i>(Gluten)</i>	Yoghurt & Fruit <i>(Milk)</i>	Fresh Fruit Salad	Yoghurt & Fruit <i>(Milk)</i>	Peaches & Custard <i>(Milk)</i>
Salad Bar – A fresh selection of mixed raw vegetables, crisp green salads, and wholesome pulses. Pasta & Jacket Potato Bar – Served daily with a variety of delicious fillings and toppings. Fresh Fruit – A seasonal selection of fresh fruit available every day. *Alternatives For Allergies Always Available*					

Holmwood House Nursery Lunch Menu

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Pork Sausage, Tomato & Herb Casserole	Roast Chicken	Chicken Katsu (Gluten)	Beef Meatballs (Gluten)	Breaded Chicken Goujons (Gluten)
Vegetarian	Veggie Sausage, Tomato & Herb Casserole (Soya)	Mushroom & Herb Puff Pastry Roll (Gluten)	Quorn Katsu (Gluten)	Veggie Bean Meatballs (Soya)	Veggie Fingers (Gluten)
Side	Mash Potatoes (Milk)	Roast Potatoes, Yorkshires, Gravy	Steamed Rice	Penne Pasta, Tomato & Basil Sauce (Gluten)	New Potatoes
Vegetables	Broccoli Florets	Cauliflower Cheese & Garden Peas	Sweetcorn	Garden Peas	Baked Beans & Carrots
Dessert	Yoghurt & Fruit (Milk)	Fruit Crumble & Custard (Gluten, Milk)	Fresh Fruit Salad	Fruit Yoghurts (Milk)	Selection Of Melon

Salad Bar – A fresh selection of mixed raw vegetables, crisp green salads, and wholesome pulses.

Pasta & Jacket Potato Bar – Served daily with a variety of delicious fillings and toppings.

Fresh Fruit – A seasonal selection of fresh fruit available every day.

Alternatives For Allergies Always Available

Holmwood House Nursery Lunch Menu

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Beef & Onion Pie (Gluten)	Sticky Chinese Chicken Thigh (Soya)	Roast Loin Of Pork & Apple Sauce	Beef Lasagna (Gluten, Milk)	Cumberland Sausages (Gluten, Sulphites)
Vegetarian	Root Vegetable Pie (Gluten)	Sticky Chinese Mushrooms & Peppers (Soya)	Stuffed Red Peppers	Quorn Mince Lasagna (Gluten, Soya)	Vegetable Sausages (Gluten)
Side	Mash Potatoes, Gravy	Noodles (Gluten, Egg)	Roast Potatoes, Yorkshire Puddings Gravy (Gluten, Egg, Milk)	Garlic Bread (Gluten)	Mash Potatoes
Vegetables	Garden Peas	Stir Fried Vegetables	Broccoli Florets	Tomato & Cucumber Salad	Baked Beans & Sweetcorn
Dessert	Fruit Jelly	Yoghurt & Fruit (Milk)	Fruit Crumble & Cream (Gluten, Milk)	Fresh Fruit Salad	Yoghurt & Fruit (Milk)
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Holmwood House Nursery Lunch Menu

Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Chicken Fajitas	Beef Bolognaise	Roast Chicken	Pork & Chorizo Paella	Breaded Fish Fillet <i>(Fish, Gluten)</i>
Vegetarian	Black Bean Fajitas	Veggie Bolognaise	Mushroom & Herb Wellington <i>(Gluten)</i>	Roasted Red Pepper Paella	Veggie Fingers <i>(Vegan) (Gluten)</i>
Side	Tortilla Wrap, Rice, Guacamole & Sour Cream <i>(Gluten, Milk)</i>	Penne Pasta, Garlic Bread <i>(Gluten)</i>	Gravy, Roast Potatoes & Yorkshires <i>(Gluten, Egg, Milk)</i>	Crusty Baguette, Garlic Aioli <i>(Gluten)</i>	New Potatoes
Vegetables	Sauteed Mixed Peppers	Broccoli Florets	Chunky Carrots	Mixed Salad	Garden Peas
Dessert	Yoghurt & Fruit <i>(Milk)</i>	Banana & Custard <i>(Milk)</i>	Fresh Fruit Salad	Fruit Crumble <i>(Gluten)</i>	Fruit Jelly
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