



Holmwood House Reception Lunch Menu

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Toad In The Hole (Gluten, Egg, Milk)	Cajun Spiced Chicken Thighs	Roast Loin Of Pork With Apple Sauce	Hunters Chicken (Milk)	Breaded Fish Fillet (Fish, Gluten)
Vegetarian	Veggie Sausages	Cajun Spiced Sweet Potato Cakes	Vegan Lentil & Herb Roast	Hunters Quorn Fillets (Gluten)	Veggie Fingers (Vegan) (Gluten)
Side	Mash & Gravy	Wedges	Roast Potatoes, Yorkshire Puddings, Gravy (Gluten, Egg, Milk)	Herb Diced Potatoes	Chips & Tartare Sauce (Egg, Mustard)
Vegetables	Peas & Broccoli	Sweetcorn, Tomato & Cucumber Salad	Green Beans & Cauliflower	Peas & Carrots	Baked Beans & Sweetcorn
Dessert	Jelly & Ice Cream (Milk)	Yoghurt/Fruit	Raspberry Mousse (Milk)	Yoghurt/Fruit	Fruit Crumble & Custard (Gluten, Milk)

Protein, Carbohydrate and Composite Salads,

Rice, Noodle or Pasta Dish

Jacket Potato Bar

Fresh Fruit

Alternatives For Allergies Always Available



Holmwood House Reception Lunch Menu

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Marinara Meatballs	Honey & Mustard Glazed Gammon (Mustard)	Tikka Spiced Chicken Drumsticks	Chinese Barbecue Chicken & Peppers (Soy, Gluten)	Southern Fried Chicken Goujons (Celery, Gluten)
Vegetarian	Vegan Marinara Bean Meatballs	Stuffed Red Peppers	Tikka Spiced Quorn (Gluten)	Chinese Barbecue Mushroom & Peppers (Soy, Gluten)	Southern Fried Quorn Strips (Celery, Gluten)
Side	Spaghetti, Parmesan (Gluten)	Gravy, Roast Potatoes & Yorkshires (Gluten, Egg, Milk)	Rice & Samosas (Gluten)	Noodles & Spring Rolls (Gluten, Egg)	Wedges & Onion Rings (Gluten)
Vegetables	Carrots & Peas	Peas & Sweetcorn	Green Beans & Cauliflower	Stir Fried Vegetables	Baked Beans & Coleslaw
Dessert	Banana Mousse (Milk)	Fruit Crumble & Custard (Gluten, Milk)	Yoghurt/Fruit	Watermelon & Pineapple	Lemon Drizzle Cake
<p>Protein, Carbohydrate and Composite Salads, Rice, Noodle or Pasta Dish, Jacket Potato Bar, Fresh Fruit</p> <p>*Alternatives For Allergies Always Available*</p>					



Holmwood House Reception Lunch Menu

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Chilli Con Carne	Creamy Chicken & Ham Sauce (Milk)	Roast Chicken Breast	Pork Sausages (Gluten)	Gammon & Pineapple Rings
Vegetarian	Three Bean Chilli	Creamy Mushroom Sauce	Roast Quorn (Gluten)	Veggie Sausages (Gluten)	Quorn Nuggets (Gluten)
Side	Rice, Tortilla Chips, Sour Cream & Guacamole (Milk)	Tagliatelle, Garlic Bread (Gluten)	Roast Potatoes, Yorkshire Puddings, Gravy (Gluten, Egg, Milk)	Mash, Gravy (Milk)	Chips
Vegetables	Peas & Sweetcorn	Carrots & Green Beans	Cauliflower Cheese & Broccoli	Peas & Cauliflower	Baked Beans & Peas
Dessert	Fruit Jelly & Cream (Milk)	Peach Yoghurt (Milk)	Banana & Custard	Yoghurt/Fruit	Rice Pudding & Jam Sauce

**Protein, Carbohydrate and Composite Salads,
Rice, Noodle or Pasta Dish
Jacket Potato Bar,
Fresh Fruit**

Alternatives For Allergies Always Available



Holmwood House Reception Lunch Menu

Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Beef Hotpot	Pork In Teriyaki Sauce (Gluten, Soya)	Roast Turkey	Chicken & Pepper Fajitas	Beef Burger (Gluten)
Vegetarian	Winter Vegetable Hotpot	Quorn & Peppers In Teriyaki Sauce (Gluten, Soya)	Mushroom & Herb Wellington (Gluten)	Black Bean & Pepper Fajitas	Veggie Burger (Gluten)
Side	Gravy	Noodles & Prawn Crackers (Egg, Gluten) (Crustaceans)	Gravy, Roast Potatoes & Yorkshires (Gluten, Egg, Milk)	Tortilla Wrap, Rice, Guacamole & Sour Cream (Gluten, Milk)	Fries
Vegetables	Carrots & Green Beans	Soy & Sesame Broccoli	Carrots & Cauliflower	Sweetcorn & Peas	Baked Beans & Coleslaw (Egg)
Dessert	Fruit Crumble & Cream (Gluten, Milk)	Strawberry Yoghurt (Milk)	School Cake & Custard (Gluten, Egg, Milk)	Pineapple	Fruit Jelly & Cream (Milk)
Protein, Carbohydrate and Composite Salads, Rice, Noodle or Pasta Dish, Jacket Potato Bar, Fresh Fruit *Alternatives For Allergies Always Available*					