

# Holmwood House Reception Lunch Menu

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main</b>	<b>Toad In The Hole</b> <i>(Gluten, Egg, Milk)</i>	<b>Cajun Spiced Chicken Thighs</b>	<b>Roast Loin Of Pork With Apple Sauce</b>	<b>Hunters Chicken</b> <i>(Milk)</i>	<b>Breaded Fish Fillet</b> <i>(Fish, Gluten)</i>
<b>Vegetarian</b>	<b>Veggie Sausages</b>	<b>Cajun Spiced Sweet Potato Cakes</b>	<b>Vegan Lentil &amp; Herb Roast</b>	<b>Hunters Quorn Fillets</b> <i>(Gluten)</i>	<b>Veggie Fingers</b> <i>(Vegan) (Gluten)</i>
<b>Side</b>	<b>Mash &amp; Gravy</b>	<b>Wedges</b>	<b>Roast Potatoes, Yorkshire Puddings, Gravy</b> <i>(Gluten, Egg, Milk)</i>	<b>Herb Diced Potatoes</b>	<b>Chips &amp; Tartare Sauce</b> <i>(Egg, Mustard)</i>
<b>Vegetables</b>	<b>Peas &amp; Broccoli</b>	<b>Sweetcorn, Tomato &amp; Cucumber Salad</b>	<b>Green Beans &amp; Cauliflower</b>	<b>Peas &amp; Carrots</b>	<b>Baked Beans &amp; Sweetcorn</b>
<b>Dessert</b>	<b>Jelly &amp; Ice Cream</b> <i>(Milk)</i>	<b>Yoghurt/Fruit</b>	<b>Raspberry Mousse</b> <i>(Milk)</i>	<b>Yoghurt/Fruit</b>	<b>Fruit Crumble &amp; Custard</b> <i>(Gluten, Milk)</i>
<b>Protein, Carbohydrate and Composite Salads, Rice, Noodle or Pasta Dish Jacket Potato Bar Fresh Fruit</b> <i>*Alternatives For Allergies Always Available*</i>					



# Holmwood House Reception Lunch Menu

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main</b>	<b>Marinara Meatballs</b>	<b>Honey &amp; Mustard Glazed Gammon</b> <i>(Mustard)</i>	<b>Tikka Spiced Chicken Drumsticks</b>	<b>Chinese Barbecue Chicken &amp; Peppers</b> <i>(Soy, Gluten)</i>	<b>Southern Fried Chicken Goujons</b> <i>(Celery, Gluten)</i>
<b>Vegetarian</b>	<b>Vegan Marinara Bean Meatballs</b>	<b>Stuffed Red Peppers</b>	<b>Tikka Spiced Quorn</b> <i>(Gluten)</i>	<b>Chinese Barbecue Mushroom &amp; Peppers</b> <i>(Soy, Gluten)</i>	<b>Southern Fried Quorn Strips</b> <i>(Celery, Gluten)</i>
<b>Side</b>	<b>Spaghetti, Parmesan</b> <i>(Gluten)</i>	<b>Gravy, Roast Potatoes &amp; Yorkshires</b> <i>(Gluten, Egg, Milk)</i>	<b>Rice &amp; Samosas</b> <i>(Gluten)</i>	<b>Noodles &amp; Spring Rolls</b> <i>(Gluten, Egg)</i>	<b>Wedges &amp; Onion Rings</b> <i>(Gluten)</i>
<b>Vegetables</b>	<b>Carrots &amp; Peas</b>	<b>Peas &amp; Sweetcorn</b>	<b>Green Beans &amp; Cauliflower</b>	<b>Stir Fried Vegetables</b>	<b>Baked Beans &amp; Coleslaw</b>
<b>Dessert</b>	<b>Banana Mousse</b> <i>(Milk)</i>	<b>Fruit Crumble &amp; Custard</b> <i>(Gluten, Milk)</i>	<b>Yoghurt/Fruit</b>	<b>Watermelon &amp; Pineapple</b>	<b>Lemon Drizzle Cake</b>
<p align="center"> <b>Protein, Carbohydrate and Composite Salads,  Rice, Noodle or Pasta Dish,  Jacket Potato Bar,  Fresh Fruit</b> </p> <p align="center"><i>*Alternatives For Allergies Always Available*</i></p>					

# Holmwood House Reception Lunch Menu

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main</b>	<b>Chilli Con Carne</b>	<b>Creamy Chicken &amp; Ham Sauce</b> <i>(Milk)</i>	<b>Roast Chicken Breast</b>	<b>Pork Sausages</b> <i>(Gluten)</i>	<b>Gammon &amp; Pineapple Rings</b>
<b>Vegetarian</b>	<b>Three Bean Chilli</b>	<b>Creamy Mushroom Sauce</b>	<b>Roast Quorn</b> <i>(Gluten)</i>	<b>Veggie Sausages</b> <i>(Gluten)</i>	<b>Quorn Nuggets</b> <i>(Gluten)</i>
<b>Side</b>	<b>Rice, Tortilla Chips, Sour Cream &amp; Guacamole</b> <i>(Milk)</i>	<b>Tagliatelle, Garlic Bread</b> <i>(Gluten)</i>	<b>Roast Potatoes, Yorkshire Puddings, Gravy</b> <i>(Gluten, Egg, Milk)</i>	<b>Mash, Gravy</b> <i>(Milk)</i>	<b>Chips</b>
<b>Vegetables</b>	<b>Peas &amp; Sweetcorn</b>	<b>Carrots &amp; Green Beans</b>	<b>Cauliflower Cheese &amp; Broccoli</b>	<b>Peas &amp; Cauliflower</b>	<b>Baked Beans &amp; Peas</b>
<b>Dessert</b>	<b>Fruit Jelly &amp; Cream</b> <i>(Milk)</i>	<b>Peach Yoghurt</b> <i>(Milk)</i>	<b>Banana &amp; Custard</b>	<b>Yoghurt/Fruit</b>	<b>Rice Pudding &amp; Jam Sauce</b>
<p align="center"> <b>Protein, Carbohydrate and Composite Salads,</b>  <b>Rice, Noodle or Pasta Dish</b>  <b>Jacket Potato Bar,</b>  <b>Fresh Fruit</b>  <i>*Alternatives For Allergies Always Available*</i> </p>					



# Holmwood House Reception Lunch Menu

Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main</b>	<b>Beef Hotpot</b>	<b>Pork In Teriyaki Sauce</b> <i>(Gluten, Soya)</i>	<b>Roast Turkey</b>	<b>Chicken &amp; Pepper Fajitas</b>	<b>Beef Burger</b> <i>(Gluten)</i>
<b>Vegetarian</b>	<b>Winter Vegetable Hotpot</b>	<b>Quorn &amp; Peppers In Teriyaki Sauce</b> <i>(Gluten, Soya)</i>	<b>Mushroom &amp; Herb Wellington</b> <i>(Gluten)</i>	<b>Black Bean &amp; Pepper Fajitas</b>	<b>Veggie Burger</b> <i>(Gluten)</i>
<b>Side</b>	<b>Gravy</b>	<b>Noodles &amp; Prawn Crackers</b> <i>(Egg, Gluten)</i> <i>(Crustaceans)</i>	<b>Gravy, Roast Potatoes &amp; Yorkshires</b> <i>(Gluten, Egg, Milk)</i>	<b>Tortilla Wrap, Rice, Guacamole &amp; Sour Cream</b> <i>(Gluten, Milk)</i>	<b>Fries</b>
<b>Vegetables</b>	<b>Carrots &amp; Green Beans</b>	<b>Soy &amp; Sesame Broccoli</b>	<b>Carrots &amp; Cauliflower</b>	<b>Sweetcorn &amp; Peas</b>	<b>Baked Beans &amp; Coleslaw</b> <i>(Egg)</i>
<b>Dessert</b>	<b>Fruit Crumble &amp; Cream</b> <i>(Gluten, Milk)</i>	<b>Strawberry Yoghurt</b> <i>(Milk)</i>	<b>School Cake &amp; Custard</b> <i>(Gluten, Egg, Milk)</i>	<b>Pineapple</b>	<b>Fruit Jelly &amp; Cream</b> <i>(Milk)</i>
<p align="center"><b>Protein, Carbohydrate and Composite Salads, Rice, Noodle or Pasta Dish, Jacket Potato Bar, Fresh Fruit</b></p> <p align="center"><b>*Alternatives For Allergies Always Available*</b></p>					