Holmwood House School Lunch Menu

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main	**Toad In The Hole** *(Gluten, Egg, Milk)*	**Cajun Spiced Chicken Thighs**	**Roast Loin Of Pork With Apple Sauce**	**Hunters Chicken** *(Milk)*	**Breaded Fish Fillet** *(Fish, Gluten)*
Vegetarian	**Veggie Sausages**	**Cajun Spiced Sweet Potato Cakes**	**Vegan Lentil & Herb Roast**	**Hunters Quorn Fillets** *(Gluten)*	**Veggie Fingers** *(Vegan) (Gluten)*
Side	**Mash & Gravy**	**Wedges**	**Roast Potatoes, Yorkshire Puddings, Gravy** *(Gluten, Egg, Milk)*	**Herb Diced Potatoes**	**Chips & Tartare Sauce** *(Egg, Mustard)*
Vegetables	**Peas & Broccoli**	**Sweetcorn, Tomato & Cucumber Salad**	**Green Beans & Cauliflower**	**Peas & Carrots**	**Baked Beans & Sweetcorn**
Dessert	**Jelly & Ice Cream** *(Milk)*	**Mini Doughnuts With Warm Chocolate Sauce** *(Gluten)*	**Raspberry Mousse** *(Milk)*	**Apple Turnover & Cream** *(Gluten)*	**Fruit Crumble & Custard** *(Gluten, Milk)*

**Protein, Carbohydrate and Composite Salads,
Rice, Noodle or Pasta Dish
Jacket Potato Bar
Fresh Fruit
*Alternatives For Allergies Always Available***

Holmwood House School Lunch Menu

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Marinara Meatballs	Honey & Mustard Glazed Gammon *(Mustard)*	Tikka Spiced Chicken Drumsticks	Chinese Barbecue Chicken & Peppers *(Soy, Gluten)*	Southern Fried Chicken Goujons *(Celery, Gluten)*
Vegetarian	Vegan Marinara Bean Meatballs	Stuffed Red Peppers	Tikka Spiced Quorn *(Gluten)*	Chinese Barbecue Mushroom & Peppers *(Soy, Gluten)*	Southern Fried Quorn Strips *(Celery, Gluten)*
Side	Spaghetti, Parmesan *(Gluten)*	Gravy, Roast Potatoes & Yorkshires *(Gluten, Egg, Milk)*	Rice & Samosas *(Gluten)*	Noodles & Spring Rolls *(Gluten, Egg)*	Wedges & Onion Rings *(Gluten)*
Vegetables	Carrots & Peas	Peas & Sweetcorn	Green Beans & Cauliflower	Stir Fried Vegetables	Baked Beans & Coleslaw
Dessert	Banana Mousse *(Milk)*	Fruit Crumble & Custard *(Gluten, Milk)*	Mango Cheesecake *(Gluten, Milk)*	Chocolate Rice Krispie Cake *(Gluten, Milk)*	Lemon Drizzle Cake *(Gluten, Egg)*

**Protein, Carbohydrate and Composite Salads,
Rice, Noodle or Pasta Dish,
Jacket Potato Bar,
Fresh Fruit**
Alternatives For Allergies Always Available

Holmwood House School Lunch Menu

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Chilli Con Carne	Creamy Chicken & Ham Sauce *(Milk)*	Roast Chicken Breast	Pork Sausages *(Gluten)*	Gammon & Pineapple Rings
Vegetarian	Three Bean Chilli	Creamy Mushroom Sauce	Roast Quorn *(Gluten*	Veggie Sausages *(Gluten)*	Quorn Nuggets *(Gluten)*
Side	Rice, Tortilla Chips, Sour Cream & Guacamole *(Milk)*	Tagliatelle, Garlic Bread *(Gluten)*	Roast Potatoes, Yorkshire Puddings, Gravy *(Gluten, Egg, Milk)*	Mash, Gravy *(Milk)*	Chips
Vegetables	Peas & Sweetcorn	Carrots & Green Beans	Cauliflower Cheese & Broccoli	Peas & Cauliflower	Baked Beans & Peas
Dessert	Fruit Jelly & Ice Cream *(Milk)*	Chocolate Sponge & Chocolate Sauce *(Gluten)*	Fruit Crumble & Custard *(Gluten, Milk)*	Sticky Toffee Pudding With Toffee Sauce *(Gluten, Egg, Milk)*	Rice Pudding & Jam Sauce *(Milk)*

**Protein, Carbohydrate and Composite Salads,
Rice, Noodle or Pasta Dish
Jacket Potato Bar,
Fresh Fruit**
Alternatives For Allergies Always Available

Holmwood House School Lunch Menu

Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Beef Hotpot	Pork In Teriyaki Sauce *(Gluten, Soya)*	Roast Turkey	Chicken & Pepper Fajitas	Beef Burger *(Gluten)*
Vegetarian	Winter Vegetable Hotpot	Quorn & Peppers In Teriyaki Sauce *(Gluten, Soya)*	Mushroom & Herb Wellington *(Gluten)*	Black Bean & Pepper Fajitas	Veggie Burger *(Gluten)*
Side	Gravy	Noodles & Prawn Crackers *(Egg, Gluten) (Crustaceans)*	Gravy, Roast Potatoes & Yorkshires *(Gluten, Egg, Milk)*	Tortilla Wrap, Rice, Guacamole & Sour Cream *(Gluten, Milk)*	Fries
Vegetables	Carrots & Green Beans	Soy & Sesame Broccoli	Carrots & Cauliflower	Sweetcorn & Peas	Baked Beans & Coleslaw *(Egg)*
Dessert	Fruit Crumble & Cream *(Gluten, Milk)*	Jelly & Custard Trifle Cake *(Milk)*	School Cake & Custard *(Gluten, Egg, Milk)*	Bread & Butter Pudding With Cream *(Gluten, Milk)*	Fruit Jelly & Ice Cream *(Milk)*

**Protein, Carbohydrate and Composite Salads,
Rice, Noodle or Pasta Dish,
Jacket Potato Bar,
Fresh Fruit
*Alternatives For Allergies Always Available***