

Holmwood House Nursery Lunch Menu

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Shepherds Pie	Peri-Peri Chicken Thighs	Beef Bolognaise	Roast Chicken	Plain Fish Fillet
Vegetarian	Lentil Shepherds Pie (Vegan)	Peri-Peri Quorn Fillets	Mushroom Bolognaise (Vegan)	Tomato, Beetroot & Vegan Feta Tart (Vegan) (Gluten)	Vegetable Fingers (Vegan) (Gluten)
Side	Gravy	New Potatoes	Spaghetti & Parmesan Cheese (Gluten, Milk)	Roast Potatoes, Gravy, Yorkshire Puddings (Gluten, Egg, Milk)	Mash and Parsley Sauce (Egg, Mustard)
Vegetables	Peas & Broccoli	Carrots and peas	Carrots & Sweetcorn	Cauliflower Cheese, Peas (Gluten, Milk)	Green Beans & Sweetcorn
Dessert	Fruit Crumble & Custard (Gluten, Milk)	Yoghurt / Fruit	Yoghurt / Fruit	Yoghurt / Fruit	Yoghurt / Fruit

Holmwood House Nursery Lunch Menu

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Beef & Onion Pie <i>(Gluten)</i>	Chicken Fajitas	Roast Pork	Beef Lasagna <i>(Gluten, Milk)</i>	Jacket Potatoes
Vegetarian	Winter Vegetable Pie <i>(Vegan, Gluten)</i>	Mushroom & Pepper Fajitas	Roast Quorn Fillet	Vegetable Lasagna <i>(Gluten, Milk)</i>	
Side	Mash <i>(Milk)</i>	Tortilla Wraps, Sour Cream, Guacamole & Mexican Rice <i>(Gluten, Milk)</i>	Roast Potatoes, Gravy, Yorkshire Puddings, Apple Sauce	Garlic Pizza Bread <i>(Gluten)</i>	Baked Beans Tuna Cheese
Vegetables	Carrots & Peas	Sweetcorn & Courgettes	Broccoli & Cauliflower	Tomato & Cucumber Salad	Peppers & Carrot Sticks
Dessert	Yoghurt / Fruit	Fruit Crumble & Custard <i>(Gluten, Milk)</i>	Yoghurt / Fruit	Yoghurt / Fruit	Yoghurt / Fruit

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Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Beef Bolognaise	Chicken Tikka Masala	Pork Sausages (Gluten)	Chilli Con Carne	Tuna & Sweetcorn Pasta Bake (Gluten)
Vegetarian	Lentil Bolognaise	Sweet Potato & Chickpea Tikka Masala	Veggie Sausages (Gluten)	Three Bean Chilli (Vegan)	Tomato & Basil Pasta (Gluten, Vegan)
Side	Spaghetti, Parmesan Cheese (Gluten, Milk)	Rice, Naan Bread, Mango Chutney	Mash, Gravy (Milk)	Steamed Rice, Sour Cream, Guacamole, Tortilla Crisps (Milk)	Garlic Focaccia (Gluten)
Vegetables	Peas & Sweetcorn	Onion Bhaji & Carrots	Sweetcorn & Green Beans	Peas & Cauliflower	Cucumber & Tomato
Dessert	Fruit Jelly (Milk)	Yoghurt / Fruit	Yoghurt / Fruit	Yoghurt / Fruit	Yoghurt / Fruit

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Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Beef Hotpot	Pork In Teriyaki Sauce	Chicken Balti	Gammon or Chicken	Chicken
Vegetarian	Winter Vegetable Hotpot	Mushrooms & Peppers In Teriyaki Sauce	Cauliflower & Chickpea Balti	Butternut Squash & Bean Wellington (Gluten)	
Side	Gravy	Noodles & Prawn Crackers	Rice, Naan Bread & Mango Chutney	Gravy, Roast Potatoes	Katsu Curry Sauce, Steamed Rice,
Vegetables	Carrots & Green Beans	Stir Fried Vegetables and Peas and Sweetcorn	Onion Bhaji & Sweetcorn	Broccoli & Peas	Peas & Sweetcorn
Dessert	Vanilla Rice Pudding (Milk)	Yoghurt / Fruit	Yoghurt / Fruit	Yoghurt / Fruit	Yoghurt / Fruit