

Holmwood House School Lunch Menu

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main	BBQ Pulled Chicken Macaroni Cheese <i>(Gluten, Milk)</i>	Roast Pork & Apple Sauce	Chicken Korma	Beef Bolognese	Chicken Burgers <i>(Gluten)</i>
Vegetarian	Homemade Pesto Pasta <i>(Vegan) (Gluten)</i>	Sweet potato, Lentil & Chickpea Loaf <i>(Vegan)</i>	Butternut Squash & Butterbean Korma <i>(Vegan)</i>	Mushroom Bolognese <i>(Vegan)</i>	Veggie Burgers <i>(Vegan)</i>
Side	Garlic Focaccia <i>(Gluten, Soya)</i>	Roast Potatoes & Gravy	Steamed Rice	Spaghetti <i>(Gluten)</i>	Wedges
Vegetables	Tomato & Cucumber Salad	Broccoli & Carrots	Cauliflower & Green Beans	Sweetcorn & Peas	Coleslaw & Onion Rings <i>(Egg, Gluten)</i>
Dessert	Watermelon & Pineapple	Fruit Jelly	Greek Yoghurt & Berry Compot <i>(Milk)</i>	Fruit Crumble & Custard <i>(Gluten, Milk)</i>	Lemon & Blueberry Sponge <i>(Gluten)</i>
Protein, Carbohydrate and Composite Salads, Rice, Noodle or Pasta Dish Jacket Potato Bar Fresh Fruit					

Holmwood House School Lunch Menu

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Sweet Chilli Chicken	Beef Meatballs <i>(Gluten, Celery)</i>	Roast Chicken Thighs	Beef Chilli Tacos	Breaded Fish Fillet <i>(Gluten, Fish)</i>
Vegetarian	Sweet Mushroom & Peppers <i>(Vegan)</i>	Veggie Meatballs <i>(Vegan, Gluten)</i>	Roasted Mediterranean Vegetable Tart <i>(Vegan, Gluten)</i>	Quorn Chilli Tacos <i>(Egg)</i>	Fishless Fingers <i>(Vegan, Gluten)</i>
Side	Noodles & Prawn Crackers <i>(Egg, Gluten, Crustaceans)</i>	Tomato & Basil Sauce Penne Pasta <i>(Gluten)</i>	New Potatoes & Gravy	Tortilla Wraps, Sour Cream, Guacamole & Mexican Rice <i>(Gluten, Milk)</i>	Chips
Vegetables	Baby Corn & Stir Fried Cabbage	Peas & Carrots	Broccoli & Cauliflower	Sweetcorn & Courgettes	Baked Beans & Peas
Dessert	Forest Fruit Meringues <i>(Milk)</i>	Greek Yoghurt & Apple Compot <i>(Milk)</i>	Chocolate Sponge & Custard <i>(Gluten, Milk)</i>	Selection of Melon	Strawberry Mousse <i>(Milk)</i>
Protein, Carbohydrate and Composite Salads, Rice, Noodle or Pasta Dish Jacket Potato Bar Fresh Fruit					

Holmwood House School Lunch Menu

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Chicken & Leek Pie <i>(Gluten)</i>	Chilli Con Carne	Pork Sausages <i>(Gluten)</i>	Beef Lasagna <i>(Gluten, Milk)</i>	Fishcakes <i>(Fish, Gluten)</i>
Vegetarian	Leek & Mushroom Pie <i>(Vegan, Gluten)</i>	Three Bean Chilli <i>(Vegan)</i>	Veggie Sausages <i>(Gluten)</i>	Vegetable Lasagna <i>(Gluten, Milk)</i>	Spiced Sweet Potato & Spinach Falafel <i>(Vegan, Gluten)</i>
Side	New Potatoes	Steamed Rice	Mash, Gravy <i>(Milk)</i>	Garlic Pizza <i>(Gluten)</i>	Wedges, Tartare Sauce <i>(Egg)</i>
Vegetables	Carrots & Broccoli	Peas & Cauliflower	Sweetcorn & Green Beans	Tomato & Cucumber Salad	Peas & Carrots
Dessert	Fresh Fruit Salad	Fruit Jelly & Cream <i>(Milk)</i>	Banana Mousse <i>(Milk)</i>	Yoghurt & Peaches <i>(Milk)</i>	Chocolate Brownie <i>(Gluten, Egg)</i>
Protein, Carbohydrate and Composite Salads, Rice, Noodle or Pasta Dish Jacket Potato Bar Fresh Fruit					

Holmwood House School Lunch Menu

Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Tuna Pasta Bake <i>(Fish, Gluten, Milk)</i>	Beef & Onion Pie <i>(Gluten)</i>	Katsu Chicken <i>(Gluten)</i>	Chinese Pork Loin <i>(Egg, Soya, Gluten)</i>	All Day Breakfast <i>(Gluten)</i>
Vegetarian	Roasted Pepper, Tomato & Basil Bake <i>(Vegan, Gluten)</i>	Autumn Vegetable Pie <i>(Vegan, Gluten)</i>	Katsu Veggie Burger <i>(Vegan, Gluten)</i>	Chinese Quorn <i>(Egg, Soya, Gluten)</i>	Veggie Sausages <i>(Vegan, Gluten)</i>
Side	Garlic Bread <i>(Gluten)</i>	Mash <i>(Milk)</i>	Katsu Curry Sauce, Steamed Rice, Crispy Onions	Noodles & Spring Rolls <i>(Egg, Gluten)</i>	Hash Browns
Vegetables	Fresh Salad	Carrots & Peas	Pickled Red Cabbage & Sweetcorn	Stir Fried Vegetables	Beans, Tomatoes & Mushrooms
Dessert	Raspberry Mousse <i>(Milk)</i>	Fruit Salad	Iced Sponge <i>(Guten)</i>	Yoghurt & Mixed Berries <i>(Milk)</i>	Jelly & Ice Cream <i>(Milk)</i>
Protein, Carbohydrate and Composite Salads, Rice, Noodle or Pasta Dish Jacket Potato Bar Fresh Fruit					