

Lunch



WEEK ONE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FISH FRIDAY
Main event	Chicken, Tomato & Basil Pasta Bake (Gluten)	Stir Fried Beef & Green Peppers	Sausages (Gluten, Sulphites)	Spaghetti Bolognaise	Battered Cod (Gluten, Fish)
Vegetarian	Roasted Mediterranean Vegetable Pasta Bake (Gluten)	Stir Fried Mushrooms & Green Peppers	Quorn Sausage (Gluten)	Quorn Mince Bolognaise (Egg)	Fishless Fingers (Gluten)
Sides	Garlic Bread (gluten, Soya), Carrots & Peas	Teriyaki Noodles (Gluten, Egg, Soya), Sweetcorn, Spring Rolls (Gluten)	Mash, Broccoli & Cauliflower Gravy	Spaghetti (Gluten) Parmesan Cheese (Milk), Peas & Sweetcorn	Chips, Peas, Baked Beans
Pasta Bar	Jacket Potato with Fillings Pasta and Sauce	Jacket Potato with Fillings Pasta and Sauce	Jacket Potato with Fillings Pasta and Sauce	Jacket Potato with Fillings Pasta and Sauce	Jacket Potato with Fillings Pasta and Sauce
Dessert	Butterscotch Mousse (Milk)	Apple & Pear Pie (Gluten), Custard (Milk)	Jelly & Ice Cream (Milk)	Pineapple Upside Down Cake (Gluten, Egg)	Cornflake Tart (Gluten)
EVERY DAY	A Selection of both Simple and Freshly Made Composite and Protein Salads Choice of Fresh Fruit				

Lunch



WEEK TWO	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN EVENT	Chicken Tikka Masala	Pork Schitzel	Beef & Onion Pie (Gluten)	Chicken Milanese	Beef Burger (Gluten)
VEGETARIAN	Butternut & Chickpea Masala	Quorn Schitzel	Veggie Mince & Onion Pie (Gluten)	Aubergine Milanese	Veggie Burger
SIDES	Rice, Poppadom, Mango Chutney (Sulphites) Cauliflower	Herby New Potatoes, Cabbage & Roast Butternut	Mash, Broccoli, Carrots	Penne Pasta (Gluten), Tomato & Basil Sauce, Courgettes & Peppers	Wedges, Onion Rings (Gluten), Coleslaw (Egg)
PASTA BAR	Jacket Potato with Fillings Pasta and Sauce	Jacket Potato with Fillings Pasta and Sauce	Jacket Potato with Fillings Pasta and Sauce	Jacket Potato with Fillings Pasta and Sauce	Jacket Potato with Fillings Pasta and Sauce
DESSERT	Fruit Jelly, Custard (Milk)	Chocolate Mousse (Milk)	Jam & Coconut Sponge (Gluten, Egg)	Raspberry Blondie	A Selection of Ice Creams (Milk)
EVERY DAY	A Selection of both Simple and Freshly Made Composite and Protein Salads Choice of Fresh Fruit				

Lunch



WEEK THREE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN EVENT	Chicken Carbonara Pasta Bake (Gluten) (Milk)	Malaysian Beef Rendang Curry	Spanish Chicken Thighs	Beef Meatballs (Celery) (Sulphur)	Bbq Pulled Pork
VEGETARIAN	Mushroom Carbonara Pasta Bake (Gluten)	Sweet Potato & Chickpea Rendang Curry	Roast Pepper & Spinach Frittata(Egg)	Bean Meatballs (Gluten)	Bbq Mushroom & Peppers
SIDES	Peas, Carrots, Foccacia(Gluten)(Soya)	Rice, Stir-Fried Peppers & Pak Choi	Patatas Bravas, Broccoli, Sweetcorn	Spaghetti(Guten) Tomato & Basil Sauce Baby Corn, Peas	Tortilla Wraps(Gluten) Wedges, Black Bean & Sweetcorn Salsa, Coleslaw
JACKET AND PASTA BAR	Jacket Potato with Fillings Pasta and Sauce	Jacket Potato with Fillings Pasta and Sauce	Jacket Potato with Fillings Pasta and Sauce	Jacket Potato with Fillings Pasta and Sauce	Jacket Potato with Fillings Pasta and Sauce
DESSERT	Peach & Apple Crumble (Gluten) Served with Cream (Milk)	Banoffee Pie (Gluten)(Milk)	Iced School Sponge (Egg)	Strawberry Mousse (Milk)	Chocolate Trifle (Egg), (Milk)
EVERY DAY	A Selection of both Simple and Freshly Made Composite and Protein Salads Choice of Fresh Fruit				