



Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Spaghetti bolognaise (gluten)	Homemade sausage plait (gluten)	Beef Stroganoff (milk)	Pepperoni Pizza (gluten/milk)	Breaded chicken (gluten)
Vegetarian	Quorn bolognese (gluten)	Vegan sausage roll (gluten)	Mushroom stroganoff (milk)	Margarita pizza (gluten/milk)	Bean burger (gluten)
Sides	Spaghetti (gluten) Broccoli Sweet corn	Diced potato Sliced carrots Baked beans	Rice Mixed Vegetables	Wedges Sweet corn Coleslaw (egg)	New potatoes Batton carrots Green beans
Salad Bar		A selection of fre	shly prepared salads, vege	etables and grains	
Jacket Station	Fresh	ly prepared jacket potato	es with either baked bean	s, cheese, tuna or chef's s	special
Dessert	Jelly	Plum and pear crunch (gluten) Cream (milk)	Jam and coconut cake (gluten/egg)	Yogurt (milk)	Cornflake tart (gluten) Custard (milk)





Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Pork sausage (gluten)	Pasta and meatball bake	Roast turkey	Chicken korma	Fish filet
Vegetarian	Vegetable sausages (gluten)	Quorn meatballs (gluten)	Stuffed mushroom	Vegetable korma	Fishless fingers
Sides	Mash potato (milk) Slice carrots Green beans	Pasta Sweet corn Broccoli	Roast potatoes Batton carrots Roasted courgettes	Rice Cauliflower Spinach	Chips Peas Baked beans
Salad Bar		A selection of fre	shly prepared salads, vege	tables and grains	
Jacket Station	Freshl	y prepared jacket potato	es with either baked beans	s, cheese, tuna or chef's sp	pecial
Dessert	Apple and rhubarb crumble (gluten) Custard (milk)	Butterscotch mousse (milk)	Chocolate crispy slice (milk)	Syrup sponge (gluten/egg) Cream (milk)	Strawberry ice cream (milk)





Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Chicken and leek Herb crumb (gluten)	Pork Black bean (gluten/soya)	Cottage pie (milk)	Mexican chicken	Burger in a brioche bun (gluten)
Vegetarian	Vegetable and leek herb crumb (gluten)	Vegetable in black bean sauce (gluten/soya)	Lentil cottage pie (milk)	Mexican vegetables	Falafel burger (gluten)
Sides	New potatoes Sliced carrots Courgets	Noodle (gluten/egg) Broccoli Sweetcorn	Mash (milk) Batton carrots Green beans	Rice Tortillas Mixed vegetables	Wedges Baked beans Peas
Salad Bar		A selection of fres	shly prepared salads, vege	etables and grains	
Jacket Station	Fresh	ly prepared jacket potatoe	s with either baked bean	s, cheese, tuna or chef's sp	pecial
Dessert	Bananas and custard (milk)	Rice pudding (milk)	Cherry tart (gluten/milk) (gluten) Cream (milk)	Yogurt (milk)	Chocolate and mint sponge (gluten/egg) Cream (milk)





Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Beef and lentil dhal	Chicken and Chorizo pasta bake (gluten)	Fish finger (gluten/fish)	Roast Pork	Chili con carne
Vegetarian	Sweet potato and lentil dhal	Vegetable pasta bake (gluten)	Vegetable fingers (gluten)	Roasted aubergine	Lentil chili con carne
Sides	Bombay potatoes Spinach Sweet corn	Pasta Medley of vegetables	Chips Peas Baked beans	Roast Potatoes Sliced carrots Honey roast parsnips	Rice Sweet corn Broccoli
Salad Bar		A selection of fre	shly prepared salads, vege	tables and grains	
Jacket Station	Fresh	nly prepared jacket potato	es with either baked bean	s, cheese, tuna or chef's	special
Dessert	Chocolate ice cream roll (gluten/milk/egg)	Fruit crunch (gluten) Berry sauce	Lemon cheesecake (gluten/milk)	Spotted dick (gluten/egg) Custard (milk)	Trifle (milk)





Week 5	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Spaghetti bolognaise (gluten)	Homemade sausage plait (gluten)	Beef Stroganoff (milk)	Pepperoni Pizza (gluten/milk)	Chinese new year
Vegetarian	Quorn bolognese (gluten)	Vegan sausage roll (gluten)	Mushroom stroganoff (milk)	Margarita pizza (gluten/milk)	
Sides	Spaghetti (gluten) Broccoli Sweet corn	Diced potato Sliced carrots Baked beans	Rice Mixed Vegetables	Wedges Sweet corn Coleslaw (egg)	
Salad Bar		A selection of fre	shly prepared salads, vege	etables and grains	
Jacket Station	Fresh	ly prepared jacket potato	es with either baked bean	s, cheese, tuna or chef's s	special
Dessert	Jelly	Plum and pear crunch (gluten) Cream (milk)	Jam and coconut cake (gluten/egg)	Yogurt (milk)	Cornflake crunch (milk)





Week 6	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Pork sausage (gluten)	Pasta and meatball bake	Roast turkey	Chicken korma	Fish filet
Vegetarian	Vegetable sausages (gluten)	Quorn meatballs (gluten)	Stuffed mushroom	Vegetable korma	Fishless fingers
Sides	Mash potato (milk) Slice carrots Green beans	Pasta Sweet corn Broccoli	Roast potatoes Batton carrots Roasted courgettes	Rice Cauliflower Spinach	Chips Peas Baked beans
Salad Bar		A selection of fre	shly prepared salads, vege	tables and grains	
Jacket Station	Freshl	y prepared jacket potato	es with either baked beans	s, cheese, tuna or chef's sp	pecial
Dessert	Apple crumble (gluten) Custard (milk)	Butterscotch mousse (milk)	Chocolate crispy slice (milk)	Syrup sponge (gluten/egg) Cream (milk)	Strawberry ice cream (milk)





Week 7	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Chicken and leek Herb crumb (gluten)	Pork Black bean (gluten/soya)	Cottage pie (milk)	Mexican chicken	Burger in a brioche bun (gluten)
Vegetarian	Vegetable and leek herb crumb (gluten)	Vegetable in black bean sauce (gluten/soya)	Lentil cottage pie (milk)	Mexican vegetables	Falafel burger (gluten)
Sides	New potatoes Sliced carrots Courgets	Noodle (gluten/egg) Broccoli Sweetcorn	Mash (milk) Batton carrots Green beans	Rice Tortillas Mixed vegetables	Wedges Baked beans Peas
Salad Bar		A selection of fres	hly prepared salads, vege	etables and grains	
Jacket Station	Fresh	ly prepared jacket potatoe	s with either baked bean	s, cheese, tuna or chef's sp	pecial
Dessert	Bananas and custard (milk)	Rice pudding (milk)	Cherry tart (gluten) Cream (milk)	Yogurt (milk)	Chocolate and mint sponge (gluten/egg) Cream (milk)





Week 8	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Beef and lentil dhal	Chicken and Chorizo pasta bake (gluten)	Fish finger (gluten/fish)	Roast Pork	Chili con carne
Vegetarian	Sweet potato and lentil dhal	Vegetable pasta bake (gluten)	Vegetable fingers (gluten)	Roasted aubergine	Lentil chili con carne
Sides	Bombay potatoes Spinach Sweet corn	Pasta Medley of vegetables	Chips Peas Baked beans	Roast Potatoes Sliced carrots Honey roast parsnips	Rice Sweet corn Broccoli
Salad Bar		A selection of fre	shly prepared salads, vege	tables and grains	
Jacket Station	Fresh	nly prepared jacket potato	es with either baked bean	s, cheese, tuna or chef's	special
Dessert	Chocolate ice cream roll (gluten/milk/egg)	Fruit crunch (gluten) Berry sauce	Raspberry cheesecake (gluten/milk) (milk)	Spotted dick (gluten/egg) Custard (milk)	Trifle (milk)





Week 9	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Spaghetti bolognaise (gluten)	Homemade sausage plait (gluten)	Beef Stroganoff (milk)	Pepperoni Pizza (gluten/milk)	Breaded chicken (gluten)
Vegetarian	Quorn bolognese (gluten)	Vegan sausage roll (gluten)	Mushroom stroganoff (milk)	Margarita pizza (gluten/milk)	Bean burger (gluten)
Sides	Spaghetti (gluten) Broccoli Sweet corn	Diced potato Sliced carrots Baked beans	Rice Mixed Vegetables	Wedges Sweet corn Coleslaw (egg)	New potatoes Batton carrots Green beans
Salad Bar		A selection of fre	shly prepared salads, vege	etables and grains	
Jacket Station	Fresh	ly prepared jacket potato	es with either baked bean	s, cheese, tuna or chef's s	special
Dessert	Jelly	Plum and pear crunch (gluten) Cream (milk)	Jam and coconut cake (gluten/egg)	Yogurt (milk)	Lemon tart (gluten) Custard (milk)





Week 10	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Pork sausage (gluten)	Pasta and meatball bake	Roast turkey	Chicken korma	Fish filet
Vegetarian	Vegetable sausages (gluten)	Quorn meatballs (gluten)	Stuffed mushroom	Vegetable korma	Fishless fingers
Sides	Mash potato (milk) Slice carrots Green beans	Pasta Sweet corn Broccoli	Roast potatoes Batton carrots Roasted courgettes	Rice Cauliflower Spinach	Chips Peas Baked beans
Salad Bar		A selection of fre	shly prepared salads, vege	tables and grains	
Jacket Station	Freshl	y prepared jacket potato	es with either baked beans	, cheese, tuna or chef's sp	pecial
Dessert	Apple and rhubarb crumble (gluten) Custard (milk)	Strawberry mousse (milk)	Chocolate crispy slice (milk)	Syrup sponge (gluten/egg) Cream (milk)	Vanilla ice cream (milk)