







Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Spaghetti bolognese Quorn bolognese (Barley/egg) Spaghetti (gluten) Peas Broccoli	Jacket potato Tuna mayo (egg/fish) Cheese (milk) Baked beans Sliced salad	Turkey curry Mushroom curry Rice Spinach Cauliflower	Chicken fajita (gluten) Vegetable fajita (gluten) Wedged Sweetcorn Coleslaw (egg)	Breaded pork escalope (gluten/milk/egg) Breaded quorn filet (gluten/milk/egg) New potatoes Sliced carrots Green beans
Dessert	Vanilla sponge (gluten/egg) Custard (milk)	Holmwood mousse (milk)	Carrot cake with frosting (gluten/egg/milk)	Homemade yogurt (milk) Fruit topping	Plum and pear crumble (gluten) Cream (milk)
Теа	Wholemeal cheese or ham sandwiches Jelly	Wholemeal toast Cheese spread/ marmite/jam Cocktail sausages Banana and custard	Crumpet Cheese spread/ marmite/jam Muffin	Tuna,cheese or ham wholemeal roll Carrot cake	Wholemeal wrap Hummus Tuna mayo Shortbread





Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Butchers pork sausages (gluten) Quorn sausage (gluten) Mashed potato Batton Carrots Green beans	Beef chili con carne Bean chili con carne Basmati rice Sweetcorn Cauliflower	Roast turkey Stuffed peppers (milk) Roast potatoes Roast parsnips Sliced carrots	Tomato pasta (gluten) Courgette Broccoli	Battered fish filet (gluten/fish) Quorn fishless fingers (gluten) Oven chips Peas Baked beans
Dessert	Fruit crunch (gluten) Berry sauce	Chocolate sponge (gluten/egg) Cream (milk)	Apple pie (gluten) Custard (milk)	Strawberry jelly	Lemon cheese cake (gluten/Milk)
Теа	Wholemeal wrap Hummus Tuna mayo Shortbread	Wholemeal cheese or ham sandwiches Jelly	Wholemeal toast Cheese spread/ marmite/jam Cocktail sausages Banana and custard	Crumpet Cheese spread/ marmite/jam Muffin	Tuna,cheese or ham wholemeal roll Carrot cake





Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	BBQ marinated chicken BBQ marinated filet New potatoes Slice carrots Green beans	Bolognese pasta bake (gluten/milk) Tomato pasta bake Pasta Peas Cauliflower	Jacket potato Baked beans Cheese (milk) Tuna mayo (egg/fish) Sliced salad	Roast pork Stuffed mushroom (milk) Roast potatoes Batton carrots Broccoli	Katsu curry (gluten) Aubergine katsu curry (gluten) Rice Peas Pickled red cabbage
Dessert	Apple crumble (gluten) Cream (milk)	American pancakes (gluten/milk/egg) Fruit compote	Homemade yogurt (milk) Fruit topping	Mandarin Jelly	Jam sponge (gluten/egg) Custard (milk)
Теа	Tuna,cheese or ham wholemeal roll Carrot cake	Wholemeal wrap Hummus Tuna mayo Shortbread	Wholemeal cheese or ham sandwiches Jelly	Wholemeal toast Cheese spread/ marmite/jam Cocktail sausages Banana and custard	Crumpet Cheese spread/ marmite/jam Muffin





Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Beef and onion hotpot Lentil and mushroom hotpot Sliced potatoes Batton carrots Green beans	Sweet and sour pork Vegetable sweet and sour Noodles (gluten/egg) Peas Broccoli	Roast Chicken Quorn filet (gluten) Roast potatoes Sliced carrots Roasted courgettes	Meatballs (gluten) Quorn meatless balls (gluten/egg) Spaghetti (gluten) Sweetcorn Cauliflower	Fish fingers (fish/gluten) Vegetable fingers (gluten) Chips Peas Baked beans
Dessert	Peach crunch (gluten) Berry sauce	Creamy rice pudding (milk)	Vanilla ice cream (milk)	Vanilla sponge (gluten/egg) Cream (milk)	Banana mousse (milk)
Теа	Crumpet Cheese spread/ marmite/jam Muffin	Tuna,cheese or ham wholemeal roll Carrot cake	Wholemeal wrap Hummus Tuna mayo Shortbread	Wholemeal cheese or ham sandwiches Jelly	Wholemeal toast Cheese spread/ marmite/jam Cocktail sausages Banana and custard





Week 5	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Spaghetti bolognese Quorn bolognese (Barley/egg) Spaghetti (gluten) Peas Broccoli	Jacket potato Tuna mayo (egg) Cheese (milk) Baked beans Sliced salad	Turkey curry Mushroom curry Rice Spinach Cauliflower	Chicken fajita (gluten) Vegetable fajita (gluten) Wedged Sweetcorn Coleslaw (egg)	Breaded pork escalope (gluten/milk/egg) Breaded quorn filet (gluten/milk/egg) New potatoes Sliced carrots Green beans
Dessert	Vanilla sponge (gluten/egg) Custard (milk)	Holmwood mousse (milk)	Carrot cake with frosting (gluten/egg/milk)	Homemade yogurt (milk) Fruit topping	Plum and pear crumble (gluten) Cream (milk)
Tea	Wholemeal toast Cheese spread/ marmite/jam Cocktail sausages Banana and custard	Crumpet Cheese spread/ marmite/jam Muffin	Tuna,cheese or ham wholemeal roll Carrot cake	Wholemeal wrap Hummus Tuna mayo Shortbread	Wholemeal cheese or ham sandwiches Jelly





Week 6	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Butchers pork sausages (gluten) Quorn sausage Mashed potato Batton carrots Green beans	Beef chili con carne Bean chili con carne Basmati rice Sweetcorn Cauliflower	Roast turkey Stuffed peppers Roast potatoes Roast parsnips Sliced carrots	Tomato pasta (gluten) Courgette Broccoli	Battered fish filet (gluten/fish) Quorn fishless fingers (gluten) Oven chips Peas Baked beans
Dessert	Fruit crunch (gluten) Barry sauce	Chocolate sponge (gluten/egg) Cream (milk)	Apple pie (gluten) Custard (milk)	Strawberry jelly	Lemon cheese cake (gluten/Milk)
Теа	Wholemeal cheese or ham sandwiches Jelly	Wholemeal toast Cheese spread/ marmite/jam Cocktail sausage Banana and custard	Crumpet Cheese spread/ marmite/jam Muffin	Tuna,cheese or ham wholemeal roll Carrot cake	Wholemeal wrap Hummus Tuna mayo Shortbread





Week 7	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	BBQ marinated chicken BBQ marinated quorn filet New potatoes Slice carrots Green beans	Bolognese pasta bake (gluten/milk) Tomato pasta bake Pasta Peas Cauliflower	Jacket potato Baked beans Cheese (milk) Tuna mayo (egg) Sliced salad	Roast pork Stuffed mushroom Roast potatoes Batton carrots Broccoli	Katsu curry (gluten) Aubergine katsu curry (gluten) Rice Peas Pickled red cabbage
Dessert	Apple crumble (gluten) Cream (milk)	American pancakes (gluten/milk/egg) Fruit compote	Homemade yogurt (milk) Fruit topping	Mandarin Jelly	Jam sponge (gluten/egg) Custard (milk)
Теа	Wholemeal wrap Hummus Tuna mayo Shortbread	Wholemeal cheese or ham sandwiches Jelly	Wholemeal toast Cheese spread/ marmite/jam Cocktail sausage Banana and custard	Crumpet Cheese spread/ marmite/jam Muffin	Tuna,cheese or ham wholemeal roll Carrot cake





Half term	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Jacket potato Baked beans Cheese (milk) Tuna mayo (egg) Sliced salad	Pork in black bean sauce Vegetable in black bean sauce Rice Peas Cauliflower	Roast turkey Quorn fillet Roast potatoes Cougets Sliced carrots	Vegetable and tomato sauce Pasta Sweet corn Broccoli	Cottage pie Mash potato Carrots Cabbage
Dessert	Banana mousse (milk)	Vanilla sponge (gluten/egg) Cream (milk)	Pear and plum crumble (gluten) Custard (milk)	Yogurt (milk)	Arctic roll (milk/gluten/egg)
Tea					





Week 8	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Beef and onion hotpot Lentil and mushroom hotpot Sliced potatoes Batton carrots Green beans	Sweet and sour pork Vegetable sweet and sour Noodles (gluten/egg) Peas Cauliflower	Roast Chicken Quorn filet (gluten) Roast potatoes Sliced carrots Roasted courgettes	Meatballs (gluten) Quorn meatless balls (gluten/egg) Spaghetti (gluten) Sweetcorn Broccoli	Fish fingers (fish/gluten) Vegetable fingers (gluten) Chips Peas Baked beans
Dessert	Peach crunch (gluten) Berry sauce	Creamy rice pudding (milk)	Vanilla ice cream (milk)	Steamed sponge (gluten/egg) Cream (milk)	Cornflake tart (gluten) Custard (milk)
Tea	Breakfast muffins (gluten/soya) Slice cheese (milk) Marmite Banana and custard (milk)	Wholemeal spaghetti hoops (gluten) Wholemeal toast (gluten) Carrot cake (gluten/egg)	Wholemeal wrap (gluten) Tuna mayo (egg) Hummus (Sesame) Shortbread (gluten)	Pasta salad (gluten) Tuna mayo (egg) Ham (soya) Grated cheese (milk) Jelly	Crumpet (gluten) Cheese spread (milk) Marmite Muffin (gluten/egg)





Week 9	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Spaghetti bolognese Quorn bolognese (Barley/egg) Spaghetti (gluten) Peas Broccoli	Jacket potato Tuna mayo (egg) Cheese (milk) Baked beans Sliced salad	Turkey curry Mushroom curry Rice Spinach Cauliflower	Chicken fajita (gluten) Vegetable fajita (gluten) Wedged Sweetcorn Coleslaw (egg)	Breaded pork escalope (gluten/milk/egg) Breaded quorn filet (gluten/milk/egg) New potatoes Sliced carrots Green beans
Dessert	Plum and pear crumble (gluten) Cream (milk)	Holmwood mousse (milk)	Carrot cake with frosting (gluten/egg/milk)	Homemade yogurt (milk) Fruit topping	Vanilla sponge (gluten/egg) Custard (milk)
Tea	Crumpet (gluten) Cheese spread (milk) Marmite Muffin (gluten/egg)	Breakfast muffins (gluten/soya) Slice cheese (milk) Marmite Banana and custard (milk)	Wholemeal spaghetti hoops (gluten) Wholemeal toast (gluten) Shortbread (gluten)	Wholemeal wrap (gluten) Tuna mayo (egg) Hummus (Sesame) Carrot cake (gluten/egg)	Pasta salad (gluten) Tuna mayo (egg) Ham (soya) Grated cheese (milk) Jelly





Week	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Butchers pork sausages (gluten) Quorn sausage Mashed potato Batton carrots Green beans	Beef chili con carne Bean chili con carne Basmati rice Sweetcorn Cauliflower	Roast turkey Stuffed peppers Roast potatoes Roast parsnips Sliced carrots	Tomato pasta (gluten) Courgette Broccoli	Battered fish filet (gluten/fish) Quorn fishless fingers (gluten) Oven chips Peas Baked beans
Dessert	Fruit crunch (gluten) Berry sauce	Vanilla sponge (gluten/egg) Cream (milk)	Lemon cheese cake (gluten/Milk)	Strawberry jelly	Apple pie (gluten) Custard (milk)
Теа	Pasta salad (gluten) Tuna mayo (egg) Ham (soya) Grated cheese (milk) Jelly	Crumpet (gluten) Cheese spread (milk) Marmite Muffin (gluten/egg)	Breakfast muffins (gluten/soya) Slice cheese (milk) Marmite Banana and custard (milk)	Wholemeal spaghetti hoops (gluten) Wholemeal toast (gluten) Carrot cake (gluten/egg)	Wholemeal wrap (gluten) Tuna mayo (egg) Hummus (Sesame) Shortbread (gluten)





Week 11	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	BBQ marinated chicken BBQ marinated quorn filet New potatoes Slice carrots Green beans	Bolognese pasta bake (gluten/milk) Tomato pasta bake Pasta Peas Cauliflower	Jacket potato Baked beans Cheese (milk) Tuna mayo (egg) Sliced salad	Roast pork Stuffed mushroom (milk) Roast potatoes Batton carrots Broccoli	Katsu curry (gluten) Aubergine katsu curry (gluten) Rice Peas Pickled red cabbage
Dessert	Apple crumble (gluten) Cream (milk)	American pancakes (gluten/milk/egg) Fruit compote	Homemade yogurt (milk) Fruit topping	Mandarin Jelly	Arctic Roll (milk/egg/gluten)
Tea	Wholemeal wrap (gluten) Tuna mayo (egg) Hummus (Sesame) Shortbread (gluten)	Pasta salad (gluten) Tuna mayo (egg) Ham (soya) Grated cheese (milk) Jelly	Crumpet (gluten) Cheese spread (milk) Marmite Muffin (gluten/egg)	Breakfast muffins (gluten/soya) Slice cheese (milk) Marmite Banana and custard (milk)	Wholemeal spaghetti hoops (gluten) Wholemeal toast (gluten) Carrot cake (gluten/egg)





Week	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Beef and onion hotpot Lentil and mushroom hotpot Sliced potatoes Batton carrots Green beans	Sweet and sour pork Vegetable sweet and sour Noodles (gluten/egg) Peas Broccoli	Roast Chicken Quorn filet (gluten) Roast potatoes Sliced carrots Roasted courgettes	Meatballs (gluten) Quorn meatless balls (gluten/egg) Spaghetti (gluten) Sweetcorn Cauliflower	Fish fingers (fish/gluten) Vegetable fingers (gluten) Chips Peas Baked beans
Dessert	Peach crunch (gluten) Berry sauce	Creamy rice pudding (milk)	Vanilla ice cream (milk)	Vanilla sponge (gluten/egg) Cream (milk)	Cornflake tart (gluten) Custard (milk)
Теа	Wholemeal spaghetti hoops (gluten) Wholemeal toast (gluten) Carrot cake (gluten/egg)	Wholemeal wrap (gluten) Tuna mayo (egg) Hummus (Sesame) Shortbread (gluten)	Pasta salad (gluten) Tuna mayo (egg) Ham (soya) Grated cheese (milk)	Crumpet (gluten) Cheese spread (milk) Marmite Muffin (gluten/egg)	Breakfast muffins (gluten/soya) Slice cheese (milk) Marmite Banana and custard (milk)





Week 13	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Spaghetti bolognese Quorn bolognese (Barley/egg) Spaghetti (gluten) Peas Broccoli	Jacket potato Baked beans Cheese (milk) Tuna mayo (egg) Sliced salad	Breaded pork escalope (gluten/milk/egg) Breaded quorn filet (gluten/milk/egg) New potatoes Sliced carrots Green beans	Christmas Dinner	Chicken curry Mushroom curry Rice Spinach Cauliflower
Dessert	Plum and pear crumble (gluten) Cream (milk)	Holmwood mousse (milk)	Vanilla sponge (gluten/egg) Custard (milk)		Homemade yogurt (milk) Fruit topping
Теа	Breakfast muffins (gluten/soya) Slice cheese (milk) Marmite Banana and custard (milk)	Wholemeal spaghetti hoops (gluten) Wholemeal toast (gluten) Carrot cake (gluten/egg)	Wholemeal wrap (gluten) Tuna mayo (egg) Hummus (Sesame) Shortbread (gluten)	Pasta salad (gluten) Tuna mayo (egg) Ham (soya) Grated cheese (milk) Jelly	Crumpet (gluten) Cheese spread (milk) Marmite Muffin (gluten/egg)



