

## Remote Support for Outdoor Self Led Learning and Play - Year 1

### Spring Term

Week Beginning	Activity	Resources	Instructions and Guidance
23 March 2020	Nature Walk	<p>Print off the spot-it sheet called East Hunt using the link provided in colour.  <a href="http://www.treetoolsforschools.org.uk/activities/pdfs/pdf_easter_hunt.pdf">http://www.treetoolsforschools.org.uk/activities/pdfs/pdf_easter_hunt.pdf</a></p> <p>Print off the emotions chart using the web address provided below.  <a href="https://www.pinterest.co.uk/pin/65443000821281226/">https://www.pinterest.co.uk/pin/65443000821281226/</a></p>	<p>Using this sheet look for signs of spring while you take a walk around your garden or local park/woodland and tick off as many as you can.</p> <p>Can you feel then name the emotions that come up during your walk? Make a note of them in your wildlife journal, along with anything else about your nature walk that you wish to remember.</p>

During your outdoor learning and play session, remember to put on 'owl vision' to observe; 'rabbit ears' to listen; 'elephant memory' to remember what we saw and did. Take your time and enjoy being outside in nature.