



Week 1	Lunch	Evening Meal
Wednesday	Cumberland Sausages with Onion Gravy Meat Free Cumberland Sausages with Onion Gravy (V) Jacket Potato with Egg Mayo Filling Oven Baked Baby Potatoes Baton Carrots Jam Tart with Cream	
Thursday	Battered Sweet n Sour Chicken Balls Vegetable Spring Rolls with Sweet n Sour Sauce (V) Jacket Potato with Shredded Ham Filling Savoury Rice Sweetcorn Chocolate Sponge with Chocolate Custard	Spaghetti Bolognese with Garlic Wedge Vegetarian Bolognese with Garlic Slice (V)
Friday	Diced Beef & Onion Puff Pastry Pie Broccoli. Butterbean, Mushroom Pie (V) Jacket Potato with a Cheese Mayo Filling Saute Potatoes Green Beans, Sliced Carrots Fruits of the Forest & Apple Oaty Crumble with Custard	BBQ Chicken Wrap BBQ Quorn Wrap (V)





Week 2	Lunch	Evening Meal
Monday	Baked Chicken with a Rustic Sauce Baked Quorn Fillet with Herb Crust (V) Jacket Potato with a Prawn Mayo Filling Pomme Noisette Potatoes Peas, Cauliflower Pear & Toffee Oaty Crumble with Custard	Macaroni Cheese Macaroni Cheese (V)
Tuesday	Roast Topside of Beef with Yorkshire Pudding Cheese & Basil Quiche (V) Jacket Potato with Egg Mayo Filling Roast Potatoes Roast Parsnips, Vichy Carrots Cheesecake	Chicken Lasagne with Garlic Dough Balls Vegetarian Lasagne with Garlic Dough Balls (V)
Wednesday	Chicken Korma Curry Butternut Squash, Cauliflower, Spinach Korma Curry (V) Jacket Potato with a Cheese Filling Basmati Rice Ginger Sponge with Custard	
Thursday	Homemade Margherita Pizza Homemade Margherita Pizza (V) Jacket Potato with a Tuna & Sweetcorn Mayo Filling Twister Fries Sweetcorn Yoghurt with Toppings	Beef in Blackbean Sauce with Noodles Vegetables in Blackbean Sauce with Noodles (V)
Friday	Spaghetti Bolognese Vegetarian Bolognese (V) Jacket Potato with Falafel Savoury Filling Homemade Garlic Bread Broccoli Jelly	Marinated Chicken Kebab with Rice Marinated Vegetarian Kebab with Rice (V)





Week 3	Lunch	Evening Meal
Monday	Beef Chilli Con Carne Three Bean Chilli Con Carne (V) Jacket Potato with Red Humous Filling Basmati Rice Peas Syrup Sponge with Custard	Pasta with a Pesto Sauce (V) Pasta with a Pesto Sauce
Tuesday	Turkey & Sweetcorn Pie Topped with Potato Slices Mushroom, Broccoli, Quorn Pie (V) Jacket Potato with Curried Egg & Cress Mayo Filling Sliced Carrots, Cauliflower Vanilla Ice-Cream	Beef Lasagne with Garlic Slice Vegetarian Lasagne with Garlic Slice (V)
Wednesday	Beef Burger in a Sesame Seed Bap Vegetarian Burger in a Bap (V) Jacket Potato with a Cheese Filling Chips Baked Beans Cornflake Tart with Custard	
Thursday	Pork Meatballs in a Tomato Garlic Sauce Meat Free Balls in a Tomato Sauce (V) Jacket Potato with Mackerel Mayonnaise Tagliatelle Broccoli Spotted Dick with Custard	Chicken Korma Curry with a Naan Bread Vegetarian Korma Curry with a Naan Bread (V)
Friday	Roast Leg of Lamb with Rosemary Stuffed Mushrooms (V) Jacket Potato with Pulled BBQ Jackfruit Roast Potatoes Baton Carrots, Cabbage Yoghurt with Toppings	Pasta in an Arrabiata Sauce Pasta in an Arrabiata Sauce (V)





Week 4	Lunch	Evening Meal
Monday	Sweet n Sour Chicken Sweet n Sour Falafel Balls (V) Jacket Potato with Sausage & Pickle Filling Noodles Broccoli Lemon Sponge Roll with Lemon Custard	Pasta with a Bacon & Cheese Sauce Pasta with a Cheese Sauce (V)
Tuesday	Baked Honey Glazed Gammon Crumble Bake (V) Jacket Potato with a Cheese & Spring Onion Filling Roast Potatoes Cauliflower Cheese, Green Beans Cheesecake	Beef Meatballs in a Tomato Sauce with Tagliatelle Vegetarian Meatballs in a Tomato Sauce with Tagliatelle (V)
Wednesday	Beef Lasagne Vegetarian Lasagne (V) Jacket Potato with an Egg & Tomato Filling Homemade Garlic Bread Sweetcorn Raspberry & Peach Oaty Crumble with Custard	
Thursday	Toad in the Hole Vegetarian Toad in the Hole (V) Jacket Potato with a Moroccan Houmous Filling Mashed Potatoes Sliced Carrots Cream & Fruit Topped Meringues	Stand n Stuff with Beef Chilli and Rice Stand n Stuff with Vegetarian Chilli and Rice (V)
Friday	Breaded Chicken Nuggets Vegan Nuggets (V) Jacket Potato with a Tuna Mayo Filling French Fries Baked Beans Cinnamon Rice Pudding	Pasta Carbonara Pasta in a Cheese Sauce (V)





Week 5	Lunch	Evening Meal
Monday	Chicken Korma Curry Lentil, Sweet Potato, Cauliflower Balti Curry (V) Jacket Potato with a Cheese Filling Savoury Rice Vanilla & Raspberry Sponge with Vanilla Custard	Tomato & Basil Pasta Bake Tomato & Basil Pasta Bake (V)
Tuesday	Baked Pollock Fillets with Parsley Sauce Vegetarian Sausage Rolls (V) Jacket Potato with Egg & Tomato Filling Baked Mini Potatoes Peas, Baton Carrots Chocolate Crunch	Chicken Balti Curry with Naan Bread Vegetarian Balti Curry with Naan Bread (V)
Wednesday	Homemade Pepperoni Pizza Spinach & Mozzarella Pizza (V) Jacket Potato with Tuna & Sweetcorn Filling Ziggy Fries Sweetcorn Yoghurt with Toppings	
Thursday	Roast Pork Loin with Apricot Glaze Smoked Cheddar & Pickle Tart (V) Jacket Potato with a Cheese & Chutney Filling Roast Potatoes Broccoli, Sliced Carrots Apple & Blackberry Oaty Crumble with Custard	Beef Bolognese Bake with Garlic Bread Vegetarian Bolognese Bake with Garlic Bread (V)
Friday	Hickory & Maple Chicken Hickory & Maple Quorn (V) Jacket Potato with Falafel Savoury Filling Creamed Potatoes Green Beans Caramel Tart with Pouring Cream	Beef Meatball Melt Wrap Meat Free Balls Melt Wrap (V)





Week 6	Lunch	Evening Meal
Monday	Breaded Fish Fingers Mushroom Omelette (V) Jacket Potato with Egg & Cress Mayo Filling Potato Wedges Peas Plum & Pear Pie with Custard	Jerk Chicken Filled Pitta Vegetarian Filled Pitta (V)
Tuesday	Roast Turkey Vegetarian Pasties (V) Jacket Potato with Quorn & Chutney Relish Filling Roast Potatoes Vichy Carrots, Broccoli Rhubarb Oaty Crumble with Custard	Beef Lasagne with Garlic Dough Balls Vegetarian Lasagne with Garlic Dough Balls (V)
Wednesday	Baked Gammon Steaks Cheese & Onion Goujons (V) Jacket Potato with a Curried Quorn Filling Buttered New Potatoes Cauliflower, Fine Green Beans Cheesecake	
Thursday	Chicken Chow Mein Vegetable Chow Mein (V) Jacket Potato with a Cheese Filling Noodles Broccoli Banana Sponge with Custard	Beef Chilli Con Carne Vegetarian Chilli Con Carne (V)
Friday	Breaded Turkey Escalopes Breaded Southern Escalopes (V) Jacket Potato with Ham Mustard & Mayo Filling Lyonnaise Potatoes Sweetcorn Raspberry Ripple Arctic Roll	Pasta with a Mascarpone & Tomato Sauce Pasta with a Mascarpone & Tomato Sauce (V)