



Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Breaded Fish Fillets	Beef Cottage Pie	Roast Chicken	Turkey Curry	Spaghetti Meatballs
	fish/gluten				gluten
Vegetarian	Roasted Vegetable Tart	Roast Vegetable & Lentil	Glazed Quorn Fillet	Roast Vegetable Curry	Vegetable Goujons
	gluten				gluten
Sides	Garden Peas	Green Beans	Broccoli, Carrots	Peas, Carrots	Carrots
Starch	French Fries	Yummy Mash	Roast Potatoes	Braised Rice	Spaghetti
					gluten
Dessert	Ice Cream	Mandarin Orange Jelly	Peach Sponge & Custard	Pineapple Upside Cake, Custard	Strawberry Mousse
	milk		gluten/milk	gluten(wheat)/milk	milk
Snack	Jam Doughnut	Cookie	Match Tea	Muffin	Carrot Cake
	gluten	gluten	gluten/milk	gluten/egg	gluten/egg
		Pork or Vegetarian		Chicken or Veggie	
Supper		Sausages, Fried		Burgers, Chips, Baked	
		Onions, Baguette		Beans	
		gluten		gluten/egg	















Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Chilli Con Carne	Butchers Sausage & Onion Gravy	Sweet & Sour Pork	Chicken Korma, Poppadoms	Roast Turkey
		gluten		milk	
Vegetarian	Vegetable & Bean Chilli	Plant Based Sausages, Yorkies	Sweet & Sour Mushroom & Veg	Vegetable Korma, Mango Chutney	Mediterranean Tart
		gluten		milk	gluten
Sides	Carrots, Corn	Broccoli	Peas	Green Beans	Parsnips, Carrots
Starch	Braised Rice	Roasted Potato	Noodles	Steamed Rice	Garlic & Rosemary Roast Potatoes
			gluten/egg		
Dessert	Ice Cream	Mixed Fruit Crumble, Custard	Syrup Sponge & Custard	Yoghurt w/ Chefs Topping	Bananas & Custard
	milk	gluten/milk	gluten/milk	milk	milk
Snack	Sausage Roll	Brownie	Match Tea	Doughnuts	Lemon Muffin
	gluten	gluten	gluten/milk	gluten(wheat)/soya	gluten/milk
Supper		Bacon Cheesey Mac or Cheesy Mac, Garlic Bread		Chicken or Quorn Salad Tortilla Wrap, Salsa, Tortilla Chips	
		gluten/milk		gluten/egg	















Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Chicken, Bechamel Sauce	Beef Bolognaise Pasta Bake	Breaded Fish 'n Chips	Roast Pork, Apple Sauce	Homemade Ham & Pineapple Pizza
	gluten/milk	gluten/milk	gluten/fish		gluten/milk
Vegetarian	Cauliflower Cheese	Macaroni Cheese	Vegetable Fingers	Vegetable Loaf	Homemade Veggie Pizza
	gluten/milk	gluten/milk	gluten		gluten/milk
Sides	Broccoli	Carrots	Peas	Cauliflower, Parsley Carrots	Coleslaw (egg) , Peas
Starch	Steamed Rice	Garlic Bread	Chips	Roast Herbed Potatoes	Potato Wedges
		gluten			
Dessert	Strawberry Ice Cream	Apple Berry Crumble, Custard	Yoghurt w/Toppings	Chocolate Chip & Vanilla Cheesecake	Holmwood House Mousse
	milk	gluten/milk	milk	gluten/milk	milk
Snack	Iced Bun	Cookie	Match Tea	Muffin	Crisps
	gluten/milk	gluten	gluten/milk	gluten/egg	gluten
Supper		Bacon & Cheese Melt or Cheese Melt Baguette		Tuna or Cheese & Onion Pasta Bake, Chefs Salad	
		gluten/milk		gluten/fish/milk	















Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Chicken Burger, Brioche Bun	Rich Beef Bolognaise	Fish Goujons	Roast Gammon	Fragrant Chicken & Vegetable Curry
	gluten/milk		gluten/fish		
Vegetarian	Veggie Burger	Hearty Vegenaise	Vegetable Fingers	Plant Based Pie	Roast Vegetable Curry
	gluten/milk		gluten	gluten	
Sides	Coleslaw, Peas, Garlic Mayo (egg)	Peas	Sweetcorn, Tartare Sauce (egg, sulphites)	Green Beans, Carrots	
Starch	French Fries	Garlic Bread, Spaghetti	Potato Wedges	Roast Potatoes	Rice
		gluten			
Dessert	Apple & Raspberry Crumble, Custard	Vanilla Ice Cream	Banana & Custard	Jelly & Ice Cream	Strawberry Mousse
	gluten/milk	milk	milk	milk	milk
Snack	Iced Bun	Cookie	Match Tea	Muffin	Ring Doughnut
	gluten/milk	gluten	gluten/milk	gluten/egg	gluten(wheat)/soya
Supper		Sausage or Cheese & Onion Rolls, French Fries, Baked Beans		Chicken & Bacon or Cheese & Onion Pasta	
		gluten		gluten/milk	















Week 5	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Cumberland Sausages	Butchers Beef Burger in Brioche Bun	Roast Pork	Hunters Chicken	Fishcake, Parsley Sauce
	gluten	gluten/milk			fish/milk
Vegetarian	Plant Based Sausages	Vegetable Burgers	Sweetpotato Tart	Stuffed Peppers	Vegetable Goujons, Tomato Sauce
	gluten	gluten/milk	gluten		gluten
Sides	Carrots, Broccoli	Peas, Coleslaw (egg)	Carrots, Broccoli	Sweetcorn	Peas
Starch	Yummy Mash	French Fries	Roast Potatoes	New Potatoes	Potato Wedges
		gluten			
Dessert	Pears & Ice Cream	Apple & Berry Crumble, Custard	Winter Berry Cake	Cheesecake Fruit Puree	Apple Sponge, Custard
	gluten/milk	gluten/milk	gluten/egg	gluten/milk	gluten/milk
Snack	Iced Bun	Cookie	Match Tea	Muffin	Cookie
	gluten/milk	gluten	gluten/milk	gluten/egg	gluten
Supper		Homemade Carrot & Coriander Soup, Giant Cheese Croutons		Ham or Cheese Baguette w/Tomato Soup	
		gluten		gluten/milk	









