

## Holmwood House Preparatory School EYFS

## PSHCE and Relationships Education Curriculum Guide 2020-21

The Head of PSHCE teaches the subject to all children in Years 4-8 and has an overview of PSHCE in the Nursery through to Year 3, in liaison with the Nursery Manager and Heads of Phases.

Nursery, Pre-Reception and Reception:

Liaison takes place between the Nursery Manager, Head of Phase 1 and the PSHCE Coordinator on a termly basis to ensure the integrated provision of PSHCE in the earliest stages of the school. As a result of these meetings, guidance from the EYFS framework has been synthesised within the 3 areas of PSHCE, as delineated by the main school PSHCE Scheme of Work - Emotional Intelligence, Wellbeing and Citizenship - in the following way:

Holmwood House Umbrella Area	EYFS Framework	Provision/activity type or example	Impact on pupils
			Pupils demonstrate
			(skill/ ability/ characteristic)
Emotional	Personal,	Provide the children with positive feedback and	Children play cooperatively, taking turns with
Intelligence	Social and	model appropriate behaviour.	others.
	Emotional	Routines - to reassure the children. Visual	They take account of each others' ideas about
	Development:	timetables	how to organise their activity.
	Self-confidence	Feelings - feeling box, feelings stories	<ul> <li>They show sensitivity to others' needs and</li> </ul>
	Self-awareness	Role model - reinforcing behaviour	feelings and form positive relationships with
	Making	Modelling	adults and other children.
	relationships	Role play	Children are confident to try new activities and
	Managing	Dressing up	see why they like some activities more than
	feelings and	Painting	others.
	behaviour	Sharing toys and resources	• They are confident to speak in a familiar group,
		Recognising risks and sharing knowledge with	will talk about their ideas and will choose the
	Communicatio	peers.	resource has been need for their chosen
	n and	Tidying up	activities .
	language:	Looking after resources	Children show self-knowledge, self-esteem
	Listening,	Helping to give out snack	and confidence in their own abilities.
	attention and	Special helper	• They say when they do or don't need help.
	understanding.	Proud Clouds	

	Speaking.	Golden Awards Show-ups Element stars Sending positive emails home Independence Assemblies	<ul> <li>Children talk about how they and others others show feelings, talk about their own and others behaviour and its consequences, and know that some behaviour is unacceptable .</li> <li>They work as part of a group or class and understand and follow the rules.</li> <li>They adjust their behaviour to different situations and take changes of routine in their stride.</li> <li>Children express themselves effectively showing awareness of listeners needs.</li> <li>Children can articulate using the language of feelings and responsibility, reflect on their different opinions.</li> </ul>
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Physical and	Physical	Snack time	Children know the importance of good health
Emotional	Development:	Healthy snack	of physical exercise and a healthy diet and talk
Wellbeing	Health and self-care	Independence - changing after a range of activities	about ways to keep healthy and safe.

		Dressing independently for appropriate weathers/activities PE/Games lessons	<ul> <li>They manage their own basic hygiene and personal needs successfully, including dressing and going to the toilet.</li> </ul>
Citizenship (including British Values).	Understanding the world: People and communities Families British Values	Show and tell Role play areas Visit from emergency services and other visitors form the community. Festivals and celebrations Circle time	<ul> <li>Children talk about events in their own lives and in the lives of family members.</li> <li>They know that other children don't always enjoy the same things and are sensitive to this.</li> <li>They know about similarities and differences between themselves and others and among</li> </ul>
	Money Charities	Forest School Remembrance Day First World War Centenary The Royal Family Group activities. Guided co-creation of appropriate rules. Resources and activities that challenge gender, cultural and racial stereotyping.	<ul> <li>families, communities and traditions.</li> <li>Children demonstrate knowledge and understanding of nursery/school rules and know that rules exist in the wider world.</li> <li>Children (with guidance) create the rules and expectations of behaviour, e.g. the rules about tidying up. We also ensure the children understand that the rules apply to everyone.</li> </ul>

A consistent ethos of inclusivity and tolerance where views, faiths, cultures and races are valued. Engagement with the wider community e.g. Christmas Community Event. Tolerance, appreciative and respectful discussion of their own and other cultures by including the similarities and differences between themselves and others; and among families, faiths, communities, cultures and traditions. Assemblies	<ul> <li>Children show tolerance and respect for each other and for those who are new to their immediate circles.</li> <li>Children have an understanding of traditional British institutions.</li> <li>Children begin to understand that they may not always get their way and that our society works on the basis that the best decision is the one that works for the greatest number of people in any given situation (democracy).</li> <li>Children display an understanding of each other's freedom appropriate to their age.</li> <li>Children have a good sense of right and wrong. They understand their own and others' behaviour and its consequences.</li> <li>Children know their views are important and value each other's opinions and values.</li> <li>Children demonstrate democracy, for example, by sharing views on what activity should come next with a show of hands.</li> </ul>
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• (	Children demonstrate turn-taking, sharing and
	collaboration. Children show that they value all
	contributions.

Provision for this takes place throughout the Nursery and Reception day but is particularly demonstrated during group time in the Reception, Pre-Reception and Poppies room.