# **Evening Routine**

5.45pm Supper, followed by Activity choices

6.15pm Changing upstairs

6.30pm Tuck, followed by Activities

7.45pm Snacks in the dining room for Years 5 & 6

8.00pm Years 5 & 6 upstairs

8.00pm Snacks in the dining room for Year 7

8.15pm Year 7 upstairs

8.15pm Snacks in the dining room for Year 8

8.30pm Year 8 upstairs

8.30pm Lights out for Year 5

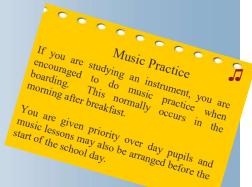
8.40pm Lights out for Year 6

9.00pm Lights out for Year 7

9.15pm Lights out for Year 8

Theme Nights will follow a slightly different format.

Times move forward after the summer half-term break.





A very useful pull-out guide to keep



## A PUPIL'S GUIDE TO OVERNIGHT STAYS

"Freedom to spend extra time with my friends!"

## **Facilities and Play Areas**

Some of the school's facilities are available, including the library, art room, Jubilee Hall, music and computer rooms (internet sessions are always supervised by a member of staff).

The cookery room and swimming pool are used for supervised activities.

A large cinema-type TV screen is available for films, sporting events and lectures at agreed times.

You can chillout in the cellars in the evenings, playing pool, table football, air hockey, safe darts and table tennis. There is also a television lounge for watching films or television programmes.

You may play in lit outdoor areas as well as the indoor facilities in winter. In the summer months, you may also use the tennis courts and the big games field.

## "The facilities are fun and plentiful."



## "You're never late for school!"

### **Meals and Tuck**

Everyone has a cooked meal at 5.50pm. Breakfast is served at 7.30am.

We have a Tuck Shop. No food should be brought in from home.

## Mobile Phones, etc

You may bring only the most basic type of mobile phone into school. Any electronic devices with cameras or the facility to access the internet are not allowed. Phones must be registered with the staff and may only be used during specific times. They are handed back to the staff overnight.

There are two coin-operated telephones for you to use & receive calls from parents.

01206 575661 and 01206 766991



# What should I do if I feel unwell during the night?

You can knock on the staff doors during the night should you feel unwell.

# When will I be able to have a bath or a shower?

Pupils may shower or bath in the evening before bedtime or in the mornings.

You are not allowed to share toiletries or use aerosols due to health and safety reasons.

# If I forgot something like my toothbrush or towel, what should I do?

Ask one of the staff and they will provide you with whatever you need.

#### What if I need clothes washed?

You may give your clothes to the staff at teatime if it is needed for the following day.

#### What activities are there?

Every evening, the staff team organise a range of activities in response to requests. These can include swimming, ICT, various sporting activities in the Sports Hall or on the field in summer; tennis; playing in the adventure playground; music; dancing; cookery; art activities such as portfolio work, poster, crafts and hobbies; games in the cellars.

#### What should I bring to school?

- One sets of sensible play clothes (to be kept in your locker)
- Suitable nightwear including dressing gown, slippers with hard soles and flipflops for trips to bathroom
- Wash bag with shampoo and towel
- Hairbrush or comb
- Full set of school uniform (plus a spare set)

You can also choose to bring your own duvet cover, pillowcase, teddy and toys, games (not electronic) or books. You should not bring in any money or jewellery, apart from a suitable watch.

# What are the expectations for behaviour?

All pupils are expected to show care, courtesy and consideration to others and behave responsibly. Good behaviour is recognised by the awarding of a Boarder of the Week certificate in assembly and an extra tuck bonus. We also nominate a boy's and girl's dorm of the night every morning, which is recognised with a certificate on the door and extra whisper time for the top scoring dorm each half term.

Pupils whose behaviour is not quite what is expected will eat breakfast away from their friends the following morning. Pupils whose behaviour disturbs the sleep of others receive a warning; continued disruption will result in them being moved to a different room, which may mean them sleeping alone.

Serious behaviour incidents will mean nights of boarding will be missed - definitely not a good idea.

#### Can I bring a camera in to school?

Year 8 particularly like to bring cameras during their last couple of weeks of boarding to take photos of their friends. In this case, a similar system to that with mobile phones is operated. You should bring your camera to the surgery on arrival. The swap system will operate with a card to ensure the camera is returned to the surgery at bedtime. Cameras are not allowed in the bedrooms.

### Someone to Turn to ...

# What to do if you are worried or unhappy

It doesn't matter what the problem is, whether you feel worried about something, are concerned about the way you have been treated, perhaps someone else is upset or you are feeling homesick or do not understand the work you have to do, there is always someone to whom you can turn someone who will listen.

The most important thing to remember is that if you are worried or unhappy about anything, then you MUST tell someone.

#### Who to see

Please remember, first and foremost, your parents will listen and understand if you want to talk to or confide in them. They in turn may want to talk to your tutor or any other member of staff.

In school, the first person to turn to is your tutor. You can also talk to Mrs Bradbury (Deputy Head). Alternatively, you may prefer to see any of the staff.

If you feel that none of these people can help, you can talk to an independent listener (see panel).

There is also, of course, the national free-phone helpline, Childline. Any member of staff can also put you in touch with someone who will visit the school from time to time from the local Social Services department. These are all people who will listen to your worries and try to help you if they can.

The important thing is that if something is upsetting you, the sooner you talk to someone, the quicker and easier it will be to sort out the problem!

### **Current Staff Team**

Mr Bond Mrs Bradbury Mrs Baker Miss Sharman Mrs Earley Mr White
Mr Jeffries
Mr Cook
Mrs Baldwin
Mr Brown
Mr Montgomery

Remember - you will not get into trouble just because you complain about something or someone.

In keeping with national guidelines, the school has sensible policies concerning your safety.

### **Telephone Numbers**

Childline 0800 1111
(Childline information booklets are available in the phone booth, on the notice board and from the Housemistress)

Help at Hand 0800 528 0731

#### **Independent Listeners**

Mrs Jane Tuckwell 01206 575266 07896 297458 Rev Mark Wallace 01206 572641 07772 615378

Happiness is Holmwood; a true Holm from Home